

Border Harriers Club Road Rankings 2014

Name	Cat	Time	Venue	Date	Name	Cat	Time	Venue	Date		
5k Men					5k Women						
1	Bob Hodgson	SM	15:34	Lancaster	28th Jun	1	Rhiannon Silson	SW	17:13	Lancaster	24th May
2	James Buis	V35	16:02	Wallsend	30th Mar						
3	George Thompson	V55	16:04	Lancaster	30th Aug						
4	Peter Orr	V55	16:40	Gateshead	21st Aug						
5k Park Run Men					5k Park Run Women						
1	Russell Maddams	V40	16:03	Workington	28th Jun	1	Olivia Mason	U13	18:53	Workington	1st Mar
2	Julian Hatcher	V35	16:31	Keswick	23rd Aug	2	Ruth Hetherington	V35	19:27	Keswick	31st May
3	Dave Swanston	V50	16:40	Workington	6th Sep	3	Emma McNespiey	V40	19:52	Workington	11th Jan
4	Callum Plunkett	U20	16:41	Carlisle	2nd Aug	4	Ashlyn Holliday	U17	20:12	Workington	17th May
5	Jordan Hull	U20	16:46	Workington	8th Feb	5	Skyler Bowes	U13	20:53	Workington	16th Aug
6	Kev Bell	SM	17:09	Carlisle	29th Mar	6	Teresa Medley	V40	22:10	Carlisle	31st May
7	Ciaran Campbell	U17	17:14	Carlisle	17th Sep	7	Sarah Brookes	U15	22:32	Carlisle	5th Jul
8	Richard Mace	V35	17:16	Norwich	13th Sep	8	Anna Kirby	SW	22:37	Carlisle	25th Jan
9	Duncan Lawrence	SM	17:26	Abingdon	2nd Aug	9	Nicole Mattinson	U13	22:47	Keswick	20th Sep
10	James Buis	V35	17:33	Carlisle	1st Feb	10	Anna Mason	U11	23:30	Workington	5th Apr
11	Christopher Neil	SM	17:41	Workington	12th Jul	11	Carolyn Millican	SW	24:29	Carlisle	25th Dec
12	Steve Angus	V40	17:49	Keswick	3rd May	12	Mary Campbell	U11	26:09	Carlisle	1st Jan
13	James Salt	U13	18:40	Penrith	13th Sep	13	Lauren Mattinson	U11	28:26	Keswick	31st Aug
14	Oliver Dustin	U15	18:41	Workington	5th Jul	14	Emma Little	U15	28:56	Carlisle	26th Apr
15	Ewan Waite	U17	18:46	Workington	5th Apr	15	Niamh Campbell	U9	29:59	Carlisle	1st Nov
16	Stu Windsor	V40	19:12	Carlisle	22nd Nov	16	Mandy Glanvill	V55	34:11	Keswick	6th Dec
17	Gareth Hill	SM	19:08	Carlisle	23rd Aug						
18	Dan Ibbotson	V45	19:10	Carlisle	6th Dec						
19	Luke Brown	U15	19:14	Penrith	22nd Nov						
20	Stuart Robinson	V50	19:16	Penrith	20th Dec						
21	Kevin Hull	V50	19:58	Workington	8th Feb						
22	Kevin Williams	SM	20:01	Newcastle	6th Dec						
23	Kieran Reynolds	U15	20:10	Carlisle	8th Nov						
24	John McGibbon	V45	20:22	Workington	29th Nov						
25	Mike Sellars	V40	21:18	Carlisle	30th Aug						
26	Jacob Fell	U13	21:29	Keswick	31st May						
27	Edward Salt	U13	21:43	Keswick	12th Jul						
28	Toby Harling	V35	21:42	Carlisle	29th Nov						
29	Matthew Adamson	U15	22:00	Carlisle	11th Jan						
30	Peter Campbell	V50	23:49	Carlisle	20th Sep						
31	Peter Garnett	V55	25:18	Carlisle	27th Dec						
32	James Campbell	U9	27:48	Carlisle	24th May						
33	Mario Pellegrino	V35	28:04	Carlisle	24th May						
34	Aaron Campbell	U15	28:54	Carlisle	25th Oct						
35	Richard Claydon	V65	29:25	Carlisle	20th Sep						
5mile Men					5mile Women						
1	Tom Farrell	SM	24:06	Alsager	2nd Feb	1	Emma McNespiey	V40	33:02	Newcastle	8th Jul
						2	Lisa Lancaster	V40	42:48	Alsager	2nd Feb

10k Men

1	James Douglas	SM	31:45	Keswick	23rd Apr
2	Jon Fletcher	SM	31:56	Carlisle	19th Jan
3	Matthew Grieve	U23	32:24	Leeds	16th Nov
4	Kev Bell	SM	32:44	Carlisle	4th Jun
5	Alastair Weymouth	U23	32:50	Partington	9th Mar
6	James Buis	V35	33:16	Carlisle	19th Jan
7	Russell Maddams	V40	33:23	Carlisle	19th Jan
8	Bob Hodgson	SM	33:31	Carlisle	19th Jan
9	George Thompson	V55	34:24	Lancaster	16th Jul
10	John Mason	SM	34:32	Lorton	22nd Mar
11	Richard Mace	V35	35:11	Carlisle	4th Jun
12	Stuart Robinson	V50	35:32	Carlisle	19th Jan
13	Steve Angus	V40	35:50	Workington	13th May
14	Christopher Neil	SM	36:15	Chesterton	14th Dec
15	Dave Swanston	V50	37:27	Cockermouth	1st Jul
16	Ewan Waite T38	U17	37:59	Carlisle	19th Jan
17	Stu Windsor	V40	38:39	Carlisle	19th Jan
18	Gareth Presch	SM	38:54	Carlisle	19th Jan
19	Kevin Hull	V50	41:33	Keswick	23rd Apr
20	John McGibbon	V45	43:31	Carlisle	19th Jan
21	Peter Garnett	V55	45:03	Carlisle	19th Jan
22	Toby Harling	V35	46:15	Carlisle	31st Aug
23	John Woolridge	V65	48:43	Cockermouth	1st Jul
24	Peter Campbell	V50	48:56	Carlisle	4th Jun
25	David Harrison	SM	50:04	Garstang	12th Jan

10k Women

1	Rhiannon Silson	SW	36:36	Leeds	16th Nov
2	Abbie Hetherington	U20	38:59	Keswick	23rd Apr
3	Emma McNespiey	V40	41:17	Ulverston	13th Aug
4	Teresa Medley	V40	44:33	Carlisle	31st Aug
5	Anna Kirby	SW	45:48	Carlisle	19th Jan

10mile Men

1	Julian Hatcher	V35	53:07	Brampton	16th Nov
2	Russell Maddams	V40	54:55	Brampton	16th Nov
3	Steve Angus	V40	58:46	Brampton	16th Nov
4	Harry Earl	U23	59:12	Witney	21st Sep
5	George Thompson	V55	59:54	Maryport	23rd Feb
6	Stu Windsor	V40	63:33	Brampton	16th Nov
7	Kevin Hull	V50	65:18	Brampton	16th Nov
8	John McGibbon	V45	70:32	Brampton	16th Nov
9	Peter Garnett	V55	74:34	Brampton	16th Nov
10	John Woolridge	V65	76:30	Brampton	16th Nov
11	John Earl	V50	81:26	Witney	21st Sep

10mile Women

1	Teresa Medley	V40	70:36	Brampton	16th Nov
2	Carolyn Millican	SW	76:51	Brampton	16th Nov

Half Marathon Men

1	James Douglas	SM	66:48	Cardiff	5th Oct
2	Julian Hatcher	V35	71:19	Carlisle	5th Oct
3	Bob Hodgson	SM	72:13	Carlisle	5th Oct
4	Russell Maddams	V40	73:45	Southport	6th Jul
5	George Thompson	V55	76:22	Wilmslow	23rd Mar
6	Kev Bell	SM	79:08	Carlisle	5th Oct
7	Richard Mace	V35	79:23	Carlisle	5th Oct
8	Callum Plunkett	U20	80:05	Carlisle	5th Oct
9	Steve Angus	V40	80:53	Keswick	4th May
10	Graham Millican	SM	82:09	Ponteland	16th Mar
11	Tom Nicholson	SM	84:30	Carlisle	5th Oct
12	Gareth Melvin	SM	85:58	Carlisle	5th Oct
13	Stu Windsor	V40	87:44	Carlisle	5th Oct
14	Dan Ibbotson	V45	90:40	Carlisle	5th Oct
15	Gareth Presch	V35	92:46	Newcastle	7th Sep
16	Mike Sellars	V40	94:08	Carlisle	5th Oct
17	Anthony Irving	V35	98:58	Newcastle	7th Sep
18	John McGibbon	V45	99:28	Glasgow	5th Oct
19	Toby Harling	V35	1:43:29	Carlisle	5th Oct
20	James Coulthard	U20	1:44:28	Newcastle	7th Sep
21	Peter Garnett	V55	1:45:11	Carlisle	5th Oct
22	Peter Campbell	V50	1:50:16	Carlisle	5th Oct
23	Julian Coulthard	V50	1:55:33	Newcastle	7th Sep

Half Marathon Women

1	Rhiannon Silson	SW	83:49	Cardiff	5th Oct
2	Emma McNespiey	V40	90:52	Sunderland	4th May
3	Teresa Medley	V40	97:34	Edinburgh	25th May
4	Carolyn Millican	SW	1:47:11	Carlisle	5th Oct
5	Deborah Curle	V50	1:51:40	Newcastle	7th Sep

Marathon Men

1	Julian Hatcher	V35	2:38:54	London	13th Apr
2	Graham Millican	SM	2:53:33	London	13th Apr
3	Steve Angus	V40	3:04:35	Ambleside	18th May
4	John McGibbon	V45	3:43:37	New York, USA	2nd Nov
5	Anthony Irving	V35	4:18:29	London	13th Apr
6	Oliver Howse	SM	5:05:47	Ambleside	18th May

Marathon Women

1	Emma McNespiey	V40	3:26:48	Berlin, GER	28th Sep
2	Teresa Medley	V40	3:28:00	Manchester	6th Apr