

Border Harriers - Track & Field Fixtures for 2019

April

Sunday 14 th	Border Harriers Open (1 of 2)	Sheepmount
Saturday 27 th	UKYDL – Lower – West 3N (1 of 4)	Sheepmount
Saturday 27 th	Cumbria Track & Field League (1 of 4)	Copeland

May

Sunday 5 th	UKYDL – Upper – West 2 (1 of 3)	Leigh
Saturday 11 th	Cumbria Track & Field Championships	Barrow-in-Furness
Saturday 18 th	UKYDL – Lower – 3N (2 of 4)	Clayton-le-Moors
Sunday 19 th	NOETFFL – 3WC (1 of 4)	Sheepmount
Saturday 25 th	Cumbria Track & Field League (2 of 4)	Carlisle
Sunday 26 th	UKYDL – Upper – West 2 (2 of 3)	Ellesmere Port

June

Saturday 1 ST	Northern Athletics - Sen & U 20 Champs	Manchester
Sunday 2 nd	Northern Athletics – Sen & U20 Champs	Manchester
Saturday 8 th	Cumbria Schools Track & Field Champs	Copeland
Monday 10 th	ESAA Track & Field Regional Round	Various
Saturday 15 th	N Schools Inter-Counties Track & Field	Gateshead
Sunday 16 th	NOETFFL – 3WC (2 of 4)	Trafford
Wednesday 19 th	Cumbria Schools Y56 T and F Champs	Sheepmount
Saturday 22 nd	UKYDL – Lower – 3N (3 of 4)	Leigh
Saturday 22 nd	Cumbria Track & Field League (3 of 4)	Copeland
Saturday 22 nd &	NW Combined Events Regional Round	Crewe
Sunday 23 rd	NW Combined Events Regional Round	Crewe
Wednesday 26 th	Cumbria Schools Year 7 T & F Champs	Barrow
Sunday 30 th	UKYDL – Upper – West 2 (3 of 3)	Blackpool

July

Sunday 7 th	Northern Athletics Inter-County	Middlesbrough
Friday 12 th &	English Schools AA National Champs	Birmingham
Saturday 13 th	English Schools AA National Champs	Birmingham
Sunday 14 th	NOETFFL – 3WC (3 of 4)	Bury
Saturday 20 th	UKYDL – Lower – 3N (4 of 4)	Oldham

August

Saturday 10 th	NOETFFL – 3WC (4 of 4)	Ashton-Under-Lyne
Saturday 17 th	North Athletics – U13, U15, U17 Champs	Liverpool
Sunday 18 th	North Athletics – U13, U15, U17 Champs	Liverpool

September

Sunday 1 st	Border Harriers Open (2 of 2)	Sheepmount
Saturday 7 th	Cumbria Track & Field League (4 of 4)	Copeland