

Senior Men - 100m T12 Final
CBP = 10.6 Grame Welsh Border Harriers 1998

Posn. No.	Forename	Surname	Club	Time	
1	64	Louie	DORAN	Seaton AC	11.3
2	7	James	BARLOW	Kendal AAC	11.3
3	144	Ben	BURRIDGE	Sedbergh S RC	11.5
4	143	Seb	WILMAN	Sedbergh S RC	11.6
5	147	Henry	ACKROYD	Sedbergh S RC	12.7
6	68	Dylan	STALKER	Seaton AC	13.1
7	166	Ben	MITCHINSON	Northern M	13.7

Senior Women - 100m T11 Final
CBP = 11.8 A. Thompson Sale Harriers 1993

Posn. No.	Forename	Surname	Club	Time	
1	187	Rachel	CARR	Carlisle A	13.2
2	92	Mille	CHADWICK	Barrow FS	13.5

Senior Men - 200m T20 Final
CBP = 21.6 G. Patterson ESH 1987

Posn. No.	Forename	Surname	Club	Time	
1	64	Louie	DORAN	Seaton AC	22.6
2	67	Reece	STALKER	Seaton AC	22.7
3	7	James	BARLOW	Kendal AAC	23.0
4	144	Ben	BURRIDGE	Sedbergh S RC	23.4
5	166	Ben	MITCHINSON	Northern M	28.8

Senior Women - 200m T19 Final
CBP = 24.3 A. Thompson Sale Harriers 1993

Posn. No.	Forename	Surname	Club	Time	
1	118	Elle	HEATHCOTE	Sedbergh S RC	27.2
2	92	Mille	CHADWICK	Barrow FS	27.7
3	187	Rachel	CARR	Carlisle A	27.8
4	117	Laura	DAYSON	Sedbergh S RC	29.1

Senior Men - 400m T51 Final
CBP = 48.8 S. King Kendal AAC 1998

Posn. No.	Forename	Surname	Club	Time	
1	67	Reece	STALKER	Seaton AC	52.4
2	148	Geroge	RIGAL	Sedbergh S RC	55.6
3	181	Samuel	JACKSON	Barrow FS	58.6

Senior Women - 400m T52 Final
CBP = 55.7 K. Davies Kendal AAC 1979

Posn. No.	Forename	Surname	Club	Time	
1	114	Natasha	COOKSON	Sedbergh S RC	62.4
2	119	Alex	DUCKITT	Sedbergh S RC	63.6

Senior Men - 800m T30 Final
CBP = 1.52.9 Christopher McGeor CASA 1983

Posn. No.	Forename	Surname	Club	Time	
1	148	Geroge	RIGAL	Sedbergh S RC	2.02.4
2	170	Reuben	COPLEY	Kendal AAC	2.07.7
3	164	Craig	BOTTOMLEY	Eden R	2.18.4

Senior Men - 110m Hurdles T33 Final
CBP = 15.0 Jordan Fleary Woodford Green 2008

Posn. No.	Forename	Surname	Club	Time	
1	143	Seb	WILMAN	Sedbergh S RC	18.3

Senior Women - 100m Hurdles T35 Final
CBP = 15.5 D. Fawkes Barrow & Furness S 2002

Posn. No.	Forename	Surname	Club	Time	
1	117	Laura	DAYSON	Sedbergh S RC	19.3

Senior Women - 400m Hurdles T1 Final
CBP = 64.8 A. Hodgson EWM 1989

Posn. No.	Forename	Surname	Club	Time	
1	119	Alex	DUCKITT	Sedbergh S RC	69.2

Senior Men - Long Jump					F29	Final	Senior Women - Long Jump					F32	Final		
CBP = 6.75					B. Moore	Derwent	1987	CBP = 5.64					A. Hodgson	EWM	1987
Posn. No.	Forename	Surname	Club	Distance			Posn. No.	Forename	Surname	Club	Distance				
1	144	Ben	BURRIDGE	Sedbergh S RC	6.14		1	52	Megan	BUSBY	Carlisle A	5.74	CBP		
							2	114	Natasha	COOKSON	Sedbergh S RC	5.05			
							3	92	Mille	CHADWICK	Barrow FS	4.93			
							Senior Women - High Jump					F5	Final		
							CBP = 1.82					Jennifer Little	Border Harriers	1986	
							Posn. No.	Forename	Surname	Club	Height				
							1	119	Alex	DUCKITT	Sedbergh S RC	1.49			
							Senior Women - Triple Jump					F50	Final		
							CBP = 10.96					Rebecca Keen	Sale Harriers	2018	
							Posn. No.	Forename	Surname	Club	Distance				
							1	50	Rebecca	KEEN	Sale H	11.44	CBP		
							2	118	Elle	HEATHCOTE	Sedbergh S RC	10.10			
Senior Men - Javelin					F21	Final	Senior Women - Javelin					F17	Final		
800g CBP = 75.12					Lee Doran	Enfield H	2010	600g CBP = 47.96					Caroline White	Border Harriers	1987
Posn. No.	Forename	Surname	Club	Distance			Posn. No.	Forename	Surname	Club	Distance				
1	146	Harry	BROWN	Sedbergh S RC	43.08		1	117	Laura	DAYSON	Sedbergh S RC	24.88			
2	67	Reece	STALKER	Seaton AC	34.43		2	92	Mille	CHADWICK	Barrow FS	22.55			
3	68	Dylan	STALKER	Seaton AC	21.80										
							Senior Women - Discus					F35	Final		
							1.00k CBP = 39.18					D. Backhouse	Park VS	1999	
							Posn. No.	Forename	Surname	Club	Distance				
							1	191	Abigail	THOMPSON	Border H	36.55			
Senior Men - Shot Putt					F40	Final	Senior Women - Shot Putt					F28	Final		
7.26k CBP = 14.65					S. Matthews	Kendal AAC	1994	4.00k CBP = 12.93					J. Thompson	Sale Harriers	1989
Posn. No.	Forename	Surname	Club	Distance			Posn. No.	Forename	Surname	Club	Distance				
1	68	Dylan	STALKER	Seaton AC	6.37		1	191	Abigail	THOMPSON	Border H	8.33			
							Senior Women - Hammer					F4	Final		
							4.00k CBP = 56.34					Tara Simpson-Sulliv	Wigan Harriers	2018	
							Posn. No.	Forename	Surname	Club	Distance				
							1	87	Tara	SIMPSON-SULLIVA	Wigan H	52.21			

U17 Men - 100m					T10	Final
CBP = 11.0					Benjamin Lyall-Smit	Seaton AC
Posn. No.	Forename	Surname	Club	Time		
1	32	Ryan	WILSON Barrow FS	11.6		
2	140	Charlie	CHURCHHOUSE Sedbergh S RC	11.7		
3	141	Arne	KRACKE Sedbergh S RC	12.1		
4	134	Finlay	WILLIAMS Sedbergh S RC	12.6		
5	130	Cool	ATSAVASILIERT Sedbergh S RC	12.8		
6	133	Cameron	SINCLAIR Sedbergh S RC	14.2		

U17 Women - 100m					T9-H1	Heat 1
CBP = 12.1					K. Donnan	Seaton AC
Posn. No.	Forename	Surname	Club	Time		
1	154	Nia	FOSTER Seaton AC	13.0	Q	
2	8	Lisa	BARLOW Kendal AAC	13.1	q	
3	24	Mollie	KETRICK Gateshead H	13.1	q	
4	105	Brodie	TAYLOR Sedbergh S RC	13.3	q	
5	109	Isobella	TARBOTTOM Sedbergh S RC	14.2		

U17 Women - 100m					T9-H2	Heat 2
CBP = 12.1					K. Donnan	Seaton AC
Posn. No.	Forename	Surname	Club	Time		
1	22	Kayleigh	WATSON Carlisle A	12.5	Q	
2	86	Bethan	PARR Seaton AC	13.1	q	
3	188	Amy	CARR Carlisle A	13.2	q	
4	104	Samira	LOMAX Sedbergh S RC	13.7	q	
5	107	Ruby	FERGUSON Sedbergh S RC	14.7		

U17 Women - 100m					T31	Final
CBP = 12.1					K. Donnan	Seaton AC
Posn. No.	Forename	Surname	Club	Time		
1	22	Kayleigh	WATSON Carlisle A	12.6		
2	154	Nia	FOSTER Seaton AC	12.9		
3	8	Lisa	BARLOW Kendal AAC	13.0		
4	86	Bethan	PARR Seaton AC	13.2		
5	188	Amy	CARR Carlisle A	13.4		
6	105	Brodie	TAYLOR Sedbergh S RC	13.7		

U17 Men - 200m					T18	Final
CBP = 22.0					Benjamin Lyall-Smit	Seaton AC
Posn. No.	Forename	Surname	Club	Time		
1	140	Charlie	CHURCHHOUSE Sedbergh S RC	24.3		
2	141	Arne	KRACKE Sedbergh S RC	24.6		
3	130	Cool	ATSAVASILIERT Sedbergh S RC	26.7		

U17 Women - 200m					T17-H1	Heat 1
CBP = 25.5					D. Carrick	Cumb
Posn. No.	Forename	Surname	Club	Time		
1	22	Kayleigh	WATSON Carlisle A	25.8	Q	
2	105	Brodie	TAYLOR Sedbergh S RC	27.2	q	
3	97	Amelia	METCALF Seaton AC	28.0	q	

U17 Women - 200m					T17-H2	Heat 2
CBP = 25.5					D. Carrick	Cumb
Posn. No.	Forename	Surname	Club	Time		
1	8	Lisa	BARLOW Kendal AAC	27.5	Q	
2	174	Melissa	BILLS Border H	28.0	q	
3	104	Samira	LOMAX Sedbergh S RC	28.2	q	
4	111	Isobella	FLANAGAN Sedbergh S RC	31.0		

U17 Women - 200m					T50-1	Final				
CBP = 25.5					D. Carrick	Cumb	1984			
Posn. No.	Forename	Surname	Club	Time						
1	22	Kayleigh	WATSON	Carlisle A	26.8					
2	8	Lisa	BARLOW	Kendal AAC	27.6					
3	105	Brodie	TAYLOR	Sedbergh S RC	28.0					
4	174	Melissa	BILLS	Border H	28.6					
U17 Men - 400m					T53	Final				
CBP = 50.4					G. Pattinson	Cumb	1984			
Posn. No.	Forename	Surname	Club	Time						
1	129	Oliver	SPENCER	Sedbergh S RC	60.3					
U17 Women - 300m					T50	Final				
CBP = 41.2					Abbie Hetherington	Carlisle Aspatria	2012			
Posn. No.	Forename	Surname	Club	Time						
1	82	Annie	BELL	Border H	43.1					
2	188	Amy	CARR	Carlisle A	45.4					
3	97	Amelia	METCALF	Seaton AC	47.2					
4	108	Holly	RIDDELL	Sedbergh S RC	51.8					
U17 Men - 800m					T29	Final				
CBP = 1.58.1					Alexander Birkett	Kendal AAC	2015			
Posn. No.	Forename	Surname	Club	Time						
1	135	Tommy	CALVERT	Sedbergh S RC	2.19.9					
2	150	Nathan	ORMANDY	Barrow FS	2.20.3					
U17 Women - 800m					T28	Final				
CBP = 2.10.0					Abbie Hetherington	Carlisle Aspatria	2012			
Posn. No.	Forename	Surname	Club	Time						
1	53	Jemma	ATKINSON	Seaton AC	2.32.1					
2	110	Bethan	DOWBIGGIN	Sedbergh S RC	2.42.5					
U17 Men - 1500m					T46	Final				
CBP = 4.07.4					James Bowness	Trafford	2008			
Posn. No.	Forename	Surname	Club	Time						
1	59	Fraser	SPROUL	Kendal AAC	4.27.2					
2	60	Jacob	SMITH	Kendal AAC	4.36.2					
3	62	Benjamin	SMITH	Kendal AAC	4.39.4					
4	137	Max	PRESTON	Sedbergh S RC	4.55.2					
5	138	Louis	RAYNOR	Sedbergh S RC	5.03.0					
U17 Women - 1500m					T45	Final				
CBP = 4.31.4					Abbie Hetherington	Carlisle Aspatria	2011			
Posn. No.	Forename	Surname	Club	Time						
1	41	Lizzie	PAWSON	Seaton AC	5.03.5					
2	93	Emily	SWARBRICK	Copeland AC	5.27.8					
U17 Men - 100m Hurdles					T34	Final				
CBP = 13.8					James Wright	Sale Harriers M	2005			
Posn. No.	Forename	Surname	Club	Time						
1	131	Ed	TAYLOR	Sedbergh S RC	16.5					
U17 Women - 80m Hurdles					T36	Final				
CBP = 12.8					Harriet Wigginton	Seaton AC	2014			
Posn. No.	Forename	Surname	Club	Time						
1	20	Anabelle	TAYLOR	Carlisle A	12.2	CBP				
2	27	Shannon	THOMPSON	Seaton AC	13.0					
3	113	Scout	TURNER-RICHARD	Sedbergh S RC	13.7					
4	109	Isobella	TARBOTTOM	Sedbergh S RC	14.1					
U17 Women - 300m Hurdles					T2	Final				
CBP = 44.5					Steph Driscoll	Liverpool Harriers	2018			
Posn. No.	Forename	Surname	Club	Time						
1	20	Anabelle	TAYLOR	Carlisle A	50.1					

U17 Men - Long Jump					U17 Women - Long Jump						
CBP = 6.43		Craig Holiday	F30 Border Harriers	Final 1998	CBP = 5.38		Maria Morganela	F31 Border Harriers	Final 1996		
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	140	Charlie	CHURCHHOUSE	Sedbergh S RC	6.69	1	154	Nia	FOSTER	Seaton AC	5.09
2	129	Oliver	SPENCER	Sedbergh S RC	5.17	2	20	Anabelle	TAYLOR	Carlisle A	5.00
						3	86	Bethan	PARR	Seaton AC	4.93
						4	174	Melissa	BILLS	Border H	4.89
						5	113	Scout	TURNER-RICHARD	Sedbergh S RC	4.86
						6	27	Shannon	THOMPSON	Seaton AC	4.65
						7	111	Isobella	FLANAGAN	Sedbergh S RC	4.46
						8	108	Holly	RIDDELL	Sedbergh S RC	3.85
U17 Men - High Jump					U17 Women - High Jump						
CBP = 1.95		N. Edwards	F12 Park Vale	Final 1988	CBP = 1.68		Sandra Braithwaite	F6 Border Harriers	Final 1984		
Posn. No.	Forename	Surname	Club	Height	Posn. No.	Forename	Surname	Club	Height		
1	152	Josh	ROELANTS	Kendal AAC	1.66	1	27	Shannon	THOMPSON	Seaton AC	1.40
2	150	Nathan	ORMANDY	Barrow FS	1.35						
U17 Men - Triple Jump					U17 Women - Javelin						
CBP = 13.17		Elliott Baines	F48 Seaton AC	Final 2012	500g CBP = 38.31		Emily Dibble	F16 Carlisle Aspatria	Final 2015		
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	135	Tommy	CALVERT	Sedbergh S RC	11.24	1	86	Bethan	PARR	Seaton AC	29.82
2	131	Ed	TAYLOR	Sedbergh S RC	10.35	2	21	Abigail	WRIGHT	Seaton AC	27.27
						3	115	Ella	SEYMOUR	Sedbergh S RC	NT
U17 Men - Javelin					U17 Women - Discus						
700g CBP = 64.07		Lee Doran	F22 Carlisle Aspatria	Final 2001	1.00k CBP = 36.58		S. Coxon	F36 J Ruskin S	Final 1985		
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	33	Toby	WILSON	Barrow FS	31.73	1	21	Abigail	WRIGHT	Seaton AC	19.48
2	137	Max	PRESTON	Sedbergh S RC	25.43	2	110	Bethan	DOWBIGGIN	Sedbergh S RC	18.70
						3	97	Amelia	METCALF	Seaton AC	18.61
						4	109	Isobella	TARBOTTOM	Sedbergh S RC	13.87
U17 Men - Discus					U17 Women - Discus						
1.50k CBP = 40.34		Harry Miles	F45 Barrow FS	Final 2018	1.00k CBP = 36.58		S. Coxon	F36 J Ruskin S	Final 1985		
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	79	Danny	GRACIE	ADAC	41.44	1	21	Abigail	WRIGHT	Seaton AC	19.48
2	47	Harry	MILES	Border H	39.19	2	110	Bethan	DOWBIGGIN	Sedbergh S RC	18.70
3	32	Ryan	WILSON	Barrow FS	35.56	3	97	Amelia	METCALF	Seaton AC	18.61
4	142	Harry	LOWIE	Sedbergh S RC	29.26	4	109	Isobella	TARBOTTOM	Sedbergh S RC	13.87
5	33	Toby	WILSON	Barrow FS	23.82						
6	133	Cameron	SINCLAIR	Sedbergh S RC	15.53						

U17 Men - Shot Putt

5.00kg CBP = 13.80

S. Matthews

F39
Kendal AACFinal
1987**U17 Women - Shot Putt**

3.00kg CBP = 12.50

Tara Simpson-Sulliv Carlisle Aspatria

F27

Final
2016

Posn. No.	Forename	Surname	Club	Distance
1	79	Danny	GRACIE ADAC	12.30
2	142	Harry	LOWIE Sedbergh S RC	11.31
3	134	Finlay	WILLIAMS Sedbergh S RC	10.99
4	133	Cameron	SINCLAIR Sedbergh S RC	9.70
5	33	Toby	WILSON Barrow FS	8.83
6	137	Max	PRESTON Sedbergh S RC	8.15

Posn. No.	Forename	Surname	Club	Distance
1	21	Abigail	WRIGHT Seaton AC	9.05
2	104	Samira	LOMAX Sedbergh S RC	8.98
3	110	Bethan	DOWBIGGIN Sedbergh S RC	8.78

U17 Men - Hammer

5.00kg CBP = 59.81

Nick Miller

F2
Border HarriersFinal
2009

Posn. No.	Forename	Surname	Club	Distance
1	79	Danny	GRACIE ADAC	57.48
2	16	Damon	KING Border H	44.24
3	193	Luke	THOMPSON Border H	NT

U15 Boys - 100m

CBP = 11.7

R. O'Keefe

T8
Barrow & FurnessFinal
1993

Posn. No.	Forename	Surname	Club	Time
1	55	James	BELL Carlisle A	11.9
2	77	Ethan	SEEDS Seaton AC	12.2 0
3	126	Solal	HAMOW Sedbergh S RC	12.5 0
4	44	Lucas	FARREN Barrow FS	13.2 0
5	84	Sam	ROWELL Seaton AC	13.7 0
6	185	Lucas	SEAL Barrow FS	14.7 0

U15 Girls - 100m

CBP = 12.4

K. Routledge

T7

Seaton AC

Final
1998

Posn. No.	Forename	Surname	Club	Time
1	12	Rosie	LAWLER Copeland AC	13.2
2	95	Amy	MILBURN Border H	13.3
3	99	Ella	TURNER Sedbergh S RC	13.5
4	80	Amy	CLARK Seaton AC	13.7
5	172	Rebecca	O'DONOVAN Barrow FS	13.8
6	153	Evie	LITTLE Carlisle A	14.9

U15 Boys - 200m

CBP = 23.7

James Spencer

T16
Border HarriersFinal
2003

Posn. No.	Forename	Surname	Club	Time
1	55	James	BELL Carlisle A	24.3
2	121	Max	ARMITAGE Sedbergh S RC	25.0
3	126	Solal	HAMOW Sedbergh S RC	25.6
4	40	Luke	DAWSON Carlisle A	26.5
5	44	Lucas	FARREN Barrow FS	26.8
6	84	Sam	ROWELL Seaton AC	27.2

U15 Girls - 200m

CBP = 26.0

A. Thompson

T15

Kendal AAC

Final
1988

Posn. No.	Forename	Surname	Club	Time
1	12	Rosie	LAWLER Copeland AC	27.2
2	13	Clara	SAMSON Kendal AAC	27.6
3	99	Ella	TURNER Sedbergh S RC	28.0
4	172	Rebecca	O'DONOVAN Barrow FS	28.5
5	34	Laura	BROWN Barrow FS	29.2
6	176	Ishana	MOHAN Barrow FS	32.2

U15 Boys - 300m

CBP = 39.6

Oliver Dustin

T48
Border HarriersFinal
2015

Posn. No.	Forename	Surname	Club	Time
1	49	Finlay	STARKIE Copeland AC	38.7
2	122	Ben	JACKSON Sedbergh S RC	43.0

U15 Girls - 300m

T49

Final

Posn. No.	Forename	Surname	Club	Time
1	100	Bo	MADDEN Sedbergh S RC	46.9
2	103	Freya	NOBLE Sedbergh S RC	48.8

U15 Boys - 800m
CBP = 2.03.6
S. Robinson
T27
Carlisle Aspatria
Final
1992

Posn. No.	Forename	Surname	Club	Time	
1	49	Finlay	STARKIE	Copeland AC	2.05.5
2	78	Dylan	OWENS	Seaton AC	2.26.4
3	83	Lawrie	WALKER	Seaton AC	2.38.6

U15 Girls - 800m
CBP = 2.16.4
Olivia Mason
T26
Border Harriers
Final
2015

Posn. No.	Forename	Surname	Club	Time	
1	3	Ebony	BLACKWELL	Copeland AC	2.26.9
2	34	Laura	BROWN	Barrow FS	2.30.7
3	13	Clara	SAMSON	Kendal AAC	2.33.7
4	76	Fayth	BOWNESS	Copeland AC	2.48.8
5	176	Ishana	MOHAN	Barrow FS	3.03.4

U15 Boys - 1500m
CBP = 4.24.7
A. Morrison
T44
Border Harriers
Final
1990

Posn. No.	Forename	Surname	Club	Time	
1	186	Thomas	RENEWICK	Eden R	4.46.2
2	46	Henry	HUNTER	Kendal AAC	4.47.7
3	163	Danny	WELCH	Eden R	4.49.6
4	125	Will	WOOTTON	Sedbergh S RC	5.04.9
5	71	Greg	BARNARD-MACKEL	Barrow FS	5.19.2

U15 Girls - 1500m
CBP = 4.41.5
Abbie Hetherington
T43
Carlisle Aspatria
Final
2010

Posn. No.	Forename	Surname	Club	Time	
1	184	Olesia	WINDER	Leven V	4.59.1
2	61	Sarah	SMITH	Kendal AAC	5.05.6
3	2	Jessica	BAILEY	Levens V AC	5.06.9
4	14	Mia	BRAYSHAW	Lancaster & M	5.49.4

U15 Girls - 75m Hurdles
CBP = 12.1
D. Fawkes
T37
Barrow & Furness
Final
1999

Posn. No.	Forename	Surname	Club	Time	
1	95	Amy	MILBURN	Border H	12.1 =CBP

U15 Boys - Long Jump
CBP = 5.57
Mark Moore
F42
Barrow & Furness S 2002
Final

Posn. No.	Forename	Surname	Club	Distance	
1	77	Ethan	SEEDS	Seaton AC	5.12
2	40	Luke	DAWSON	Carlisle A	4.92
3	84	Sam	ROWELL	Seaton AC	4.52
4	44	Lucas	FARREN	Barrow FS	4.38
5	190	Harry	BOWEN	Kendal AAC	4.28
6	185	Lucas	SEAL	Barrow FS	3.87

U15 Girls - Long Jump
CBP = 5.21
M. Lishman
F10
CASA
Final
1998

Posn. No.	Forename	Surname	Club	Distance	
1	100	Bo	MADDEN	Sedbergh S RC	4.83
2	80	Amy	CLARK	Seaton AC	4.62
3	172	Rebecca	O'DONOVAN	Barrow FS	4.51
4	69	Megan	CRELLING	Seaton AC	3.93
5	176	Ishana	MOHAN	Barrow FS	3.55

U15 Boys - High Jump
CBP = 1.95
Richard Byers
F11
Seaton AC
Final
2005

Posn. No.	Forename	Surname	Club	Height	
1	190	Harry	BOWEN	Kendal AAC	1.53
2	77	Ethan	SEEDS	Seaton AC	1.50
3	125	Will	WOOTTON	Sedbergh S RC	1.45
4	121	Max	ARMITAGE	Sedbergh S RC	1.35

U15 Girls - High Jump
CBP = 1.69
Stephanie Higham
F7
Carlisle Aspatria
Final
1998

Posn. No.	Forename	Surname	Club	Height	
1	102	Jaydn	STEWART	Sedbergh S RC	1.35

U15 Boys - Javelin					U15 Girls - Javelin							
600g CBP = 46.20					500g CBP = 36.76							
Lee Doran					Rachel Gallagher							
F23 Final					F15 Final							
Carlisle Aspatria 1999					Seaton AC 2015							
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance			
1	190	Harry	BOWEN	Kendal AAC	29.97	1	13	Clara	SAMSON	Kendal AAC	26.72	
2	122	Ben	JACKSON	Sedbergh S RC	25.94	2	12	Rosie	LAWLER	Copeland AC	25.36	
3	192	Adam	THOMPSON	Border H	20.79	3	100	Bo	MADDEN	Sedbergh S RC	24.18	
						4	88	Katey	QUAYLE	Seaton AC	22.10	
						5	57	Catherine	CRICHTON	Copeland AC	14.23	
						6	153	Evie	LITTLE	Carlisle A	13.00	
						7	179	Freya	STOKES	Carlisle A	10.69	
						8	158	Emily	HETHERINGTON	Eden R	8.82	
U15 Boys - Discus					U15 Girls - Discus							
1.25kg CBP = 37.26					1.00kg CBP = 31.08							
Ryan Wilson					G. Nevins							
F44 Final					F34 Final							
Barrow FS 2017					Seaton AC 1987							
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance			
1	11	Aaron	HOLLIDAY	Copeland AC	25.20	1	158	Emily	HETHERINGTON	Eden R	17.86	
2	127	Archie	CALLAGHAN	Sedbergh S RC	21.49	2	88	Katey	QUAYLE	Seaton AC	15.95	
3	128	Miles	COOKE	Sedbergh S RC	19.36	3	103	Freya	NOBLE	Sedbergh S RC	15.68	
4	185	Lucas	SEAL	Barrow FS	18.73	4	57	Catherine	CRICHTON	Copeland AC	14.74	
U15 Boys - Shot Putt					U15 Girls - Shot Putt							
4.00kg CBP = 12.59					3.00kg CBP = 11.01							
Chris Orr					Tara Simpson-Sullivan							
F38 Final					F26 Final							
Carlisle Aspatria 1997					Carlisle Aspatria 2015							
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance			
1	40	Luke	DAWSON	Carlisle A	10.36	1	34	Laura	BROWN	Barrow FS	7.52	
2	127	Archie	CALLAGHAN	Sedbergh S RC	9.65	2	88	Katey	QUAYLE	Seaton AC	7.39	
3	128	Miles	COOKE	Sedbergh S RC	9.44	3	153	Evie	LITTLE	Carlisle A	6.27	
4	11	Aaron	HOLLIDAY	Copeland AC	9.39	4	158	Emily	HETHERINGTON	Eden R	5.86	
5	55	James	BELL	Carlisle A	6.91	5	57	Catherine	CRICHTON	Copeland AC	5.78	
U15 Boys - Hammer					U13 Girls - 75m							
4.00kg CBP = 47.46					CBP = 10.1							
Danny Gracie					Kayleigh Watson							
F3 Final					T5 Final							
ADAC 2017					Seaton AC 2016							
Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Time			
1	11	Aaron	HOLLIDAY	Copeland AC	40.47	1	179	Freya	STOKES	Carlisle A	10.5	
2	18	Harry	PIGGOTT	Copeland AC	21.65	2	39	Hannah	BUSHBY	Barrow FS	10.7	
U13 Boys - 75m					U13 Girls - 75m							
CBP = 10.3					CBP = 10.1							
Oscar Doran					Kayleigh Watson							
T6-H1 Heat 1					T5 Final							
Seaton AC 2016					Seaton AC 2016							
Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time			
1	10	Trent	CHAPMAN	Border H	10.4	Q	1	179	Freya	STOKES	Carlisle A	10.5
2	75	Jonty	HANSFORD	Eden R	10.9	q	2	39	Hannah	BUSHBY	Barrow FS	10.7
3	38	Jedidiah	PICKERING	Kendal AAC	11.0	q	3	149	Isla	HERBERT	Seaton AC	10.9
4	151	Euan	UTTLEY	Carlisle A	11.2		4	72	Greta	MORTON	Barrow FS	11.0
5	26	Freddie	WILSON	Copeland AC	11.7		5	189	Katelyn	MORSON	Carlisle A	11.2
6	17	Jack	PIGGOTT	Copeland AC	12.7		6	25	Eleanor	BRENCH	Kendal AAC	11.5
7	171	Evan	BEACH	Barrow FS	14.0		7	165	Kayla	BRADSHAW	Barrow FS	11.6
							8	173	Zara	ARMSTRONG	Copeland AC	11.9

U13 Boys - 75m

T6-H2 Heat 2

CBP = 10.3

Oscar Doran

Seaton AC

2016

Posn. No.	Forename	Surname	Club	Time	
1	42	Callum	HOWE	Seaton AC	10.4 Q
2	19	Finlay	STRAIN	Barrow FS	10.5 q
3	15	Jackson	WINROW	Unattached	10.5 q
4	162	George	HAYGARTH	Eden R	10.9 q
5	45	Myles	FARREN	Barrow FS	11.2
6	85	Jonas	ROWELL	Seaton AC	11.4
7	183	Joshua	TODD	Kendal AAC	11.5
8	182	Alfie	TODD	Kendal AAC	11.9

U13 Boys - 75m

T30-1 Final

CBP = 10.3

Oscar Doran

Seaton AC

2016

Posn. No.	Forename	Surname	Club	Time	
1	10	Trent	CHAPMAN	Border H	10.2 CBP
2	42	Callum	HOWE	Seaton AC	10.3
3	15	Jackson	WINROW	Unattached	10.4
4	19	Finlay	STRAIN	Barrow FS	10.6
5	162	George	HAYGARTH	Eden R	10.9
6	75	Jonty	HANSFORD	Eden R	10.9
7	38	Jedidiah	PICKERING	Kendal AAC	11.1

U13 Boys - 150m

T14-H1 Heat 1

CBP = 19.3

James Bell

Carlisle Aspatria

2018

U13 Girls - 150m

T13-H1 Heat 1

CBP = 20.5

Kayleigh Watson

Seaton AC

2016

Posn. No.	Forename	Surname	Club	Time		Posn. No.	Forename	Surname	Club	Time	
1	10	Trent	CHAPMAN	Border H	20.5 Q	1	90	Kira	JONES	Leven V	21.1 Q
2	19	Finlay	STRAIN	Barrow FS	21.4 q	2	179	Freya	STOKES	Carlisle A	21.5 q
3	75	Jonty	HANSFORD	Eden R	21.6 q	3	9	Katie	THWAYTES	Copeland AC	21.9 q
4	38	Jedidiah	PICKERING	Kendal AAC	22.4	4	72	Greta	MORTON	Barrow FS	22.3 q
						5	149	Isla	HERBERT	Seaton AC	22.9

U13 Boys - 150m

T14-H2 Heat 2

CBP = 19.3

James Bell

Carlisle Aspatria

2018

U13 Girls - 150m

T13-H2 Heat 2

CBP = 20.5

Kayleigh Watson

Seaton AC

2016

Posn. No.	Forename	Surname	Club	Time		Posn. No.	Forename	Surname	Club	Time	
1	162	George	HAYGARTH	Eden R	21.5 Q	1	98	Tink	LONGWORTH	Sedbergh S RC	20.7 Q
2	15	Jackson	WINROW	Unattached	22.0 q	2	39	Hannah	BUSHBY	Barrow FS	21.4 q
3	45	Myles	FARREN	Barrow FS	22.4	3	56	Lucy	BELL	Carlisle A	22.9
4	85	Jonas	ROWELL	Seaton AC	23.5	4	165	Kayla	BRADSHAW	Barrow FS	24.0
5	26	Freddie	WILSON	Copeland AC	23.9						

U13 Boys - 150m T39 Final
CBP = 19.3 James Bell Carlisle Aspatria 2018

Posn. No.	Forename	Surname	Club	Time
1	10	Trent	CHAPMAN Border H	20.3
2	19	Finlay	STRAIN Barrow FS	21.2
3	15	Jackson	WINROW Unattached	21.5
4	75	Jonty	HANSFORD Eden R	21.7
5	162	George	HAYGARTH Eden R	21.7

U13 Girls - 150m T40 Final
CBP = 20.5 Kayleigh Watson Seaton AC 2016

Posn. No.	Forename	Surname	Club	Time	
1	98	Tink	LONGWORTH Sedbergh S RC	20.4	CBP
2	90	Kira	JONES Leven V	20.8	
3	39	Hannah	BUSHBY Barrow FS	21.4	
4	179	Freya	STOKES Carlisle A	21.8	
5	9	Katie	THWAYTES Copeland AC	22.0	
6	72	Greta	MORTON Barrow FS	22.1	

U13 Boys - 800m T25 Final
CBP = 2.19.3 S. Robinson Carlisle Aspatria 1990

Posn. No.	Forename	Surname	Club	Time
1	183	Joshua	TODD Kendal AAC	2.44.1
2	171	Evan	BEACH Barrow FS	3.17.8

U13 Girls - 800m T24 Final
CBP = 2.19.3 Olivia Mason Border H 2014

Posn. No.	Forename	Surname	Club	Time
1	51	Sophie	COWIN Kendal AAC	2.41.1
2	9	Katie	THWAYTES Copeland AC	2.46.3
3	94	Olivia	SWARBRICK Copeland AC	2.48.4
4	73	Honor	MORTON Barrow FS	3.04.3

U13 Boys - 1500m T42 Final
CBP = 4.43.0 Samuel Almond Eden Runners 2015

Posn. No.	Forename	Surname	Club	Time
1	35	Alfie	LAMB Seaton AC	4.53.5
2	58	Louis	BIGLAND Kendal AAC	5.01.5
3	180	Will	McNALLY Leven V	5.15.4
4	5	Jack	BARKER Kendal AAC	5.26.7
5	1	Alfie	ADDISON Kendal AAC	5.41.2
6	182	Alfie	TODD Kendal AAC	5.43.6

U13 Girls - 1500m T41 Final
CBP = 4.53.5 Abbie Hetherington Carlisle Aspatria 2008

Posn. No.	Forename	Surname	Club	Time
1	6	Elsie	BARKER Kendal AAC	5.46.3

U13 Girls - 70m Hurdles T38 Final
CBP = 12.4 V. Wilson Derwent 1988

Posn. No.	Forename	Surname	Club	Time	
1	30	Aimee	BROOMBY Carlisle A	12.2	CBP
2	98	Tink	LONGWORTH Sedbergh S RC	12.2	

U13 Boys - Long Jump

F41

Final

U13 Girls - Long Jump

F19

Final

CBP = 5.03

Brian Whitworth

Border Harriers

1987

CBP = 4.56

J. Wilkinson

Seaton AC

1988

Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	42	Callum	HOWE	Seaton AC	3.85	1	98	Tink	LONGWORTH	Sedbergh S RC	4.47
2	45	Myles	FARREN	Barrow FS	3.59	2	90	Kira	JONES	Leven V	4.02
3	38	Jedidiah	PICKERING	Kendal AAC	3.55	3	30	Aimee	BROOMBY	Carlisle A	3.77
4	75	Jonty	HANSFORD	Eden R	3.41	4	39	Hannah	BUSHBY	Barrow FS	3.67
5	151	Euan	UTTLEY	Carlisle A	3.39	5	51	Sophie	COWIN	Kendal AAC	3.60
6	15	Jackson	WINROW	Unattached	3.37	6	165	Kayla	BRADSHAW	Barrow FS	3.35
7	19	Finlay	STRAIN	Barrow FS	3.25	7	189	Katelyn	MORSON	Carlisle A	3.21
8	163	Danny	WELCH	Eden R	3.08	8	72	Greta	MORTON	Barrow FS	3.20
9	17	Jack	PIGGOTT	Copeland AC	2.94	9	56	Lucy	BELL	Carlisle A	3.04
10	171	Evan	BEACH	Barrow FS	2.26	10	149	Isla	HERBERT	Seaton AC	2.96
11	85	Jonas	ROWELL	Seaton AC	2.23	11	173	Zara	ARMSTRONG	Copeland AC	2.90
						12	73	Honor	MORTON	Barrow FS	2.70
						13	25	Eleanor	BRENCH	Kendal AAC	2.59

U13 Boys - High Jump

F13

Final

U13 Girls - High Jump

F8

Final

CBP = 1.51

D. Wheatley

Seaton AC

1992

CBP = 1.46

J. Moore

Seaton AC

1991

Posn. No.	Forename	Surname	Club	Height	Posn. No.	Forename	Surname	Club	Height		
1	26	Freddie	WILSON	Copeland AC	1.10	1	30	Aimee	BROOMBY	Carlisle A	1.35

U13 Boys - Javelin

400g CBP = 38.26

F24

Final

U13 Girls - Javelin

400g CBP = 29.69

F14

Final

S. Little

Derwent

1987

Rachael Fleary

Carlisle Aspatria

2002

Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	17	Jack	PIGGOTT	Copeland AC	16.32	1	173	Zara	ARMSTRONG	Copeland AC	13.46
2	151	Euan	UTTLEY	Carlisle A	10.38	2	73	Honor	MORTON	Barrow FS	9.51

U13 Boys - Discus

1.00kg CBP = 28.96

F43

Final

U13 Girls - Shot Putt

2.72kg CBP = 8.40

F25

Final

Christopher Orr

Carlisle Aspatria

1995

Rachael Fleary

Carlisle Aspatria

2002

Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	18	Harry	PIGGOTT	Copeland AC	17.87	1	56	Lucy	BELL	Carlisle A	5.10

U13 Boys - Shot Putt (3.00kg)

3.00kg CBP = 9.96

F37

Final

U13 Girls - Shot Putt

2.72kg CBP = 8.40

F25

Final

Christopher Orr

Carlisle Aspatria

1995

Rachael Fleary

Carlisle Aspatria

2002

Posn. No.	Forename	Surname	Club	Distance	Posn. No.	Forename	Surname	Club	Distance		
1	18	Harry	PIGGOTT	Copeland AC	8.10	1	56	Lucy	BELL	Carlisle A	5.10

U11 Boys - 60m

T3

Final

U11 Girls - 60m

T4

Final

Posn. No.	Forename	Surname	Club	Time	Posn. No.	Forename	Surname	Club	Time		
1	43	Jake	HOWE	Seaton AC	9.1	1	54	Grace	WHITFIELD	Seaton AC	9.1
2	28	Declan	DENWOOD	Seaton AC	9.2	2	48	Alyssa	HODGSON	Seaton AC	9.2
3	160	Alfie	HULME	Eden R	9.4	3	178	Esme	DOYLE	Barrow FS	9.6
4	157	Matthew	HETHERINGTON	Eden R	10.0	4	23	Mahiya	MOHAN	Barrow FS	9.8
5	37	Seth	PICKERING	Kendal AAC	10.1	5	70	Daisy	LEES	Kendal AAC	9.8
6	89	Bradley	QUAYLE	Seaton AC	10.2	6	159	Lucy	HETHERINGTON	Eden R	10.4
						7	177	Kenzie-Jai	JEFFERSON	Barrow FS	10.9

U11 Boys - 600m					T22	Final
Posn. No.	Forename	Surname	Club	Time		
1	28	Declan	DENWOOD	Seaton AC	1.56.1	
2	157	Matthew	HETHERINGTON	Eden R	1.59.5	
3	81	Jack	MIDDLETON	Levens V AC	2.08.2	
4	37	Seth	PICKERING	Kendal AAC	2.11.3	

U11 Girls - 600m					T21	Final
Posn. No.	Forename	Surname	Club	Time		
1	23	Mahiya	MOHAN	Barrow FS	2.02.7	
2	178	Esmé	DOYLE	Barrow FS	2.07.0	
3	70	Daisy	LEES	Kendal AAC	2.07.5	
4	159	Lucy	HETHERINGTON	Eden R	2.07.8	
5	54	Grace	WHITFIELD	Seaton AC	2.11.5	

U11 Boys - Long Jump					F9	Final
Posn. No.	Forename	Surname	Club	Distance		
1	43	Jake	HOWE	Seaton AC	3.61	
2	28	Declan	DENWOOD	Seaton AC	3.52	
3	160	Alfie	HULME	Eden R	3.36	
4	89	Bradley	QUAYLE	Seaton AC	3.30	
5	37	Seth	PICKERING	Kendal AAC	3.13	
6	157	Matthew	HETHERINGTON	Eden R	2.65	
7	74	Dylan	MURPHY	Barrow FS	2.35	
8	81	Jack	MIDDLETON	Levens V AC	2.32	

U11 Girls - Long Jump					F18	Final
Posn. No.	Forename	Surname	Club	Distance		
1	54	Grace	WHITFIELD	Seaton AC	3.28	
2	48	Alyssa	HODGSON	Seaton AC	3.21	
3	178	Esmé	DOYLE	Barrow FS	3.20	
4	23	Mahiya	MOHAN	Barrow FS	3.13	
5	70	Daisy	LEES	Kendal AAC	3.07	
6	159	Lucy	HETHERINGTON	Eden R	2.75	
7	177	Kenzie-Jai	JEFFERSON	Barrow FS	2.33	

David Harper Tarr Trophy Points.

2019

	Club	Track Points	Field Points	Total
1	Sedbergh S RC	142	106	248
2	Seaton AC	92	100	192
3	Barrow FS	68	48	116
4	Kendal AAC	74	27	101
5	Carlisle A	58	40	98
6	Copeland AC	39	49	88
7	Border H	26	23	49
8	Eden R	26	12	38
9	Keswick AC	0	0	0