

The Steve Unwin Memorial 10k at Carlisle on Sunday 29th June 2008

Steven Unwin — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time					
1	Brian Taylor	V40 1	Unattached	33:47	85	Barry Hodgson	V50 9	Ellenborough A. C.	45:29
2	Mike Scott	V40 2	Border Harriers	34:06	86	Nick Burrows		Unattached	45:30
3	Duncan Scobie	V40 3	Border Harriers	35:18	87	John Short	V45 9	Unattached	45:33
4	Michael Pluckrose		Border Harriers	35:19	88	Phil Robson		Unattached	45:33
5	Rebecca Robinson	L 1	Kendal Amateur Athletic Club	35:24	89	Paul Saunders		Unattached	45:36
6	Ian Liffen	V40 4	Unattached	36:35	90	Paul Wilson	V40 17	Ellenborough A. C.	45:42
7	Jacky Winn	V55 1	Unattached	36:38	91	Ian Anderson		Dumfries Border Harriers	45:44
8	Paul Hart		Dumfries Running Club	36:54	92	Michael Dowling	V45 10	Wigton Road Runners	45:47
9	John Mason		Unattached	37:01	93	Vanessa Strickland	L35 5	Unattached	45:54
10	Darren Rook		Unattached	37:11	94	Tim Tinniswood		Wigton Road Runners	45:59
11	Neil Badavi		Unattached	37:35	95	Tony Mills	V40 18	Unattached	46:01
12	Andy Adkin		Saracens RC	37:52	96	Jeff Box	V45 11	Unattached	46:02
13	Craig Grieve		Teviotdale Harriers	38:22	97	Celia Sanderson	L40 1	Allen Valley Striders	46:07
14	Gareth Melvin		Border Harriers	38:30	98	Robert Moore	V65 1	Tynedale Harriers	46:08
15	Sandy Shankland	V50 1	Dumfries Running Club	38:33	99	John Murphy	V45 12	Annan AC	46:12
16	Richard Elliott	V40 5	Cumberland AC	38:51	100	Steeve Whitehead		Unattached	46:17
17	Ian Brown	V50 2	Dumfries Running Club	38:53	101	Stephen Harding		Unattached	46:18
18	Johnathan Herring		Border Harriers	38:53	102	Ian Home	V40 19	Eden Runners	46:24
19	Paul Jackson		Cumberland AC	39:02	103	Mike Liddle		Unattached	46:26
20	Gill Laithwaite	L35 1	Border Harriers	39:06	104	Peter Leech	V60 3	Border Harriers	46:31
21	Kevin McCaig	V45 1	Dumfries Border Harriers	39:20	105	Kevin Ward		Border Harriers	46:46
22	John Jones	V45 2	Helmhill Kendal	39:22	106	David Breen	V50 10	Dumfries Running Club	46:47
23	Mark Walker	V45 3	Kendal Amateur Athletic Club	39:25	107	Julia King	L55 2	Eden Runners	46:52
24	B Hodgson		Unattached	39:43	108	Frank Skachill	V50 11	Dumfries Running Club	46:53
25	Craig Horseman		Unattached	39:49	109	Sarah Queen	L 16	Dumfries Border Harriers	46:56
26	Ian Harkness		Unattached	39:57	110	Chris Nixon		Unattached	46:58
27	Richard Todd		Wigton Road Runners	39:58	111	Mike Routledge	V40 20	Unattached	47:03
28	Graeme Leathard	V40 6	Morpeth Harriers & Ac	39:59	112	Alan Donaldson	V40 21	Border Harriers	47:07
29	John Swift	V40 7	Border Harriers	40:06	113	Errick Hannah	V50 12	Cumberland AC	47:12
30	Philippa Wakefield	L 3	Border Harriers	40:15	114	Chris Winter		Unattached	47:15
31	Michael Sanderson		Allen Valley Striders	40:19	115	Kevin Scott		Unattached	47:18
32	Peter Morgan	V50 3	South Shields H&ac	40:24	116	Chew Tan	L 17	Unattached	47:27
33	Jim Alder	V45 4	Morpeth Harriers & Ac	40:48	117	Dave McGuinness		Claremont Road Runners	47:28
34	Nick Symonds	V40 8	Unattached	40:56	118	Nick Bradley		Border Harriers	47:34
35	Ian Armstrong		Unattached	41:02	119	B Hodgson		Unattached	47:39
36	Mark Kirkpatrick		Unattached	41:04	120	Graeme Horsley		Unattached	47:41
37	John Waite		Keswick Aac	41:23	121	Lois Todd	L 18	Wigton Road Runners	47:43
38	Anthony Lees	V40 9	Unattached	41:26	122	Allan Kay	V55 4	100 Marathon Club	47:48
39	Steven Weston		Unattached	41:30	123	Raymond Stephenson	V40 22	Unattached	47:51
40	Paul Murphy		Unattached	41:40	124	Peter Gran		Unattached	47:51
41	Callum O'Neill		Unattached	41:42	125	Suzi Smith	L40 2	Unattached	47:51
42	Gordon Vivers	V50 4	Annan AC	41:44	126	Simon Jeacock		Cherwell Cherwell + Jog	47:51
43	Mhairi Douglas	L 4	Dumfries Running Club	41:49	127	Stephen Bradley	V40 23	Border Harriers	47:57
44	Christopher Johnston	V40 10	Unattached	41:53	128	Chris Hunt		Unattached	48:10
45	Rhiannon Silson	LJ 1	Eden Runners	41:59	129	Angus Black	V40 24	Unattached	48:13
46	W Johnstone	V55 2	Border Harriers	41:59	130	Susan Gallagher	L35 6	Dumfries Running Club	48:15
47	Stephen Burrows	V45 5	Kendal Amateur Athletic Club	42:03	131	David Moffett	V45 13	Kendal Amateur Athletic Club	48:18
48	Peter Garnett	V50 5	Border Harriers	42:04	132	Bob Mitchell	V45 14	Border Harriers	48:31
49	Andrew Martindale	V40 11	Wigton Road Runners	42:08	133	Elisabeth Smart	L50 1	Dumfries Running Club	48:34
50	Rod Mason	V55 3	Unattached	42:13	134	Willie Linn	V40 25	Unattached	48:34
51	David Pagan	V60 1	Unattached	42:14	135	Maureen Dickson	L45 2	Dumfries Running Club	48:44
52	Karen Heaviside	L35 2	Eden Runners	42:22	136	Peter Graham		Tri Lankland	48:52
53	Mike Kelly	V40 12	Unattached	42:26	137	Dave Holloway	V50 13	100km Association	48:56
54	Mark Smith		Unattached	42:33	138	John Wilson	V40 26	Unattached	49:02
55	John Bridge	V40 13	Eden Runners	42:40	139	Colin Farndon	V40 27	Unattached	49:03
56	Donald McCalley	V45 6	Unattached	42:43	140	Nicola Latimer	L9 1	Wigton Road Runners	49:04
57	Brian Stonehouse	V50 6	Tynedale Harriers	42:44	141	Sarah McCrea	LJ 2	Unattached	49:18
58	Duncan Worth	V45 7	Unattached	43:08	142	David Jamieson		Unattached	49:23
59	Alastair McDonald		Unattached	43:11	143	Robert Bowen	JM 1	Unattached	49:31
60	Craig Kingsley		Dumfries Border Harriers	43:17	144	Mark Webster	JM 2	Unattached	49:32
61	David Tuck		Unattached	43:22	145	Michael Nelson		Unattached	49:33
62	Robert Johnstone		Wigton Road Runners	43:28	146	Neil Savage	V40 28	Unattached	49:37
63	Steve Viney	V60 2	Unattached	43:43	147	David Parsons		Unattached	49:39
64	Stephen Mohan	V45 8	Dumfries Running Club	43:45	148	Julie Hethernate	L35 7	Unattached	49:58
65	Fiona Wallace	L35 3	Unattached	43:51	149	David Kerr		Unattached	50:06
66	Gary Hadwin	V50 7	Keswick Aac	43:57	150	Neil Bowen	V50 14	Unattached	50:11
67	Craig Rome		Unattached	44:07	151	Michael Neile		Unattached	50:12
68	Alex Lockwood		Unattached	44:09	152	Simon Humphries	V40 29	Unattached	50:14
69	Paul Grindley	V40 14	Unattached	44:10	153	Mally Nicholson	V40 30	Unattached	50:20
70	Jon Raymond	V40 15	Unattached	44:11	154	John Woolridge	V55 5	Border Harriers	50:24
71	Number_842		Unattached	44:19	155	David Ward		Unattached	50:25
72	Christopher Bowen		Unattached	44:26	156	Wayne Horsley		Unattached	50:30
73	James Grierson		Dumfries Running Club	44:39	157	A Harrison	V40 31	Unattached	50:35
74	J Heslop		Unattached	44:41	158	Peter Taylor	V65 2	Northern Veterans Ac	50:37
75	Garry Dodd		Unattached	44:43	159	Christopher Winspear	V40 32	Unattached	50:39
76	Joanna Zakrzewski	L 8	Dumfries Running Club	44:44	160	James Andrews	V40 33	Unattached	50:39
77	Chris Bunker		Unattached	44:53	161	Austen Raine	V55 6	Unattached	50:45
78	Claire Naing	L 9	Unattached	44:56	162	Ashley Gibson	U17 1	Unattached	50:46
79	David Pearson	V40 16	Unattached	44:57	163	Sam Thompson	L 26	Unattached	50:48
80	A Armstrong	L35 4	Unattached	44:57	164	Chris Mellor		Unattached	50:48
81	Garry English	V50 8	Unattached	45:02	165	Steven Beard		Unattached	50:55
82	Janette Kilgour	L55 1	Claremont Road Runners	45:08	166	Brian Johnston	V50 15	Cumberland AC	50:57
83	Michele Moran	L45 1	North East Veterans	45:23	167	Annie Thompson	L 27	Border Harriers	51:10
84	Gary Dixon		Unattached	45:25	168	Martin Currie		Unattached	51:14

169	Richard Quinn		Unattached	51:20	244	Shirley Jones	L35 15	Unattached	57:34
170	Neil Jamieson	V55 7	Unattached	51:30	245	Alyson Pharoali	L40 7	Unattached	57:36
171	Tracey Hodgson	L40 3	Unattached	51:33	246	Helen Cameron	L35 16	Border Harriers	57:39
172	Shaun Silson	V50 16	Eden Runners	51:34	247	Colin Robison	V45 20	Dumfries Border Harriers	57:41
173	Andy Finn		Claremont Road Runners	51:34	248	Louise Smith	L40 8	Unattached	57:52
174	Janette Stewart	L 29	Unattached	51:37	249	Judith Heron	L40 9	Unattached	57:58
175	Helen Shipley	L35 8	Unattached	51:38	250	Bill Love	V65 3	Dumfries Running Club	57:58
176	Debbie Garfield	L 31	Unattached	51:41	251	Mike Williams		Unattached	58:03
177	Zowie Smith	L 32	Unattached	51:42	252	Katie Mitchell	L17 1	Unattached	58:20
178	Cath Burrus	L35 9	Unattached	51:45	253	Dorothy Thompson	L50 4	Unattached	58:20
179	Siobhan Brewer	L35 10	Unattached	51:47	254	Brett Betton		Unattached	58:22
180	Neil Wilson	V45 15	Unattached	51:54	255	Craig Fallowfield		Unattached	58:33
181	Wes Featherstone		Unattached	52:03	256	Paul Lindsay		Unattached	58:36
182	Craig Maleney		Unattached	52:04	257	Christine Sefton	L 69	Unattached	58:47
183	Geoff Balfour	V55 8	Unattached	52:04	258	Alison Wilson	L40 10	Unattached	58:53
184	Frank Moger		Cumberland AC	52:05	259	Lydia Mills	L45 9	Allen Valley	59:02
185	Keith Forrester	V55 9	Unattached	52:14	260	Eifion Owen	V40 42	Unattached	59:02
186	Martyn Jennings	V50 17	Unattached	52:18	261	Delyth Owen	L40 11	Unattached	59:08
187	Barry Foster	V45 16	Unattached	52:29	262	George Shadwick	V60 5	Unattached	59:11
188	Ian Bell		Unattached	52:36	263	Allison Scott	L40 12	Unattached	59:17
189	Barrie Carruthers	V40 34	Unattached	52:38	264	Colin Wilson		Unattached	59:18
190	Vicky Little	L 35	Dumfries Running Club	52:47	265	Judy Ward	L60 1	Unattached	59:25
191	Caroline Harkney	L 36	Unattached	52:58	266	Denise Day	L40 13	Unattached	59:33
192	Carl Edmondson	V40 35	Unattached	53:02	267	Lynda Johnson	L40 14	Unattached	59:52
193	Darren Glynn		Unattached	53:04	268	L Beattie-Taylor	L17 2	Unattached	59:55
194	Pradeep Bhagawan	V45 17	Unattached	53:08	269	Jade Taylor	L17 3	Unattached	1:00:09
195	Ann Butler	L35 11	Unattached	53:12	270	Mike Atkinson	V50 20	Unattached	1:00:23
196	Aidan Day	JM 3	Unattached	53:15	271	Peter Graham	V50 21	Unattached	1:00:45
197	Dawn Coates	L40 4	Unattached	53:15	272	Roger Lowans	V60 6	Unattached	1:00:52
198	Clark Buttrumm		Unattached	53:19	273	Val Vince	L55 5	Border Harriers	1:00:55
199	Sarah Watson	L 39	Unattached	53:24	274	David Dennison		Unattached	1:00:57
200	John Payne	V45 18	Unattached	53:25	275	Barry Mann	V40 43	Unattached	1:01:14
201	Steve Fletcher	V40 36	Unattached	53:31	276	Chris Green	V50 22	Damerham Ditherers	1:01:15
202	Jo Hardy	L45 3	Cumberland Fell Runners	53:33	277	Dawn Connelly	L45 10	Unattached	1:01:16
203	Simon Coulson		Unattached	53:34	278	Kathryn Andrews	L35 17	Damerham Ditherers	1:01:22
204	Fiona Steel	L 41	Unattached	53:46	279	Oliver Jennings	U17 2	Unattached	1:01:24
205	Karen Fawkes	L 42	Unattached	53:51	280	Sylvia Grieve	L35 18	Teviotdale Harriers	1:01:31
206	Jerry Layton	V40 37	Unattached	53:52	281	Alex Craib	V50 23	Unattached	1:01:46
207	Dave Finlayson	V45 19	Unattached	53:52	282	Jim Crowe	V60 7	Unattached	1:01:46
208	Julie Ross	L40 5	Unattached	54:06	283	David Adam	V40 44	Unattached	1:01:47
209	Michael Trestianu	JM 4	Unattached	54:07	284	Trevor Atkinson	V50 24	Unattached	1:02:09
210	Susan Fawkes	LJ 3	Unattached	54:33	285	Ruth Atkinson	L50 5	Unattached	1:02:09
211	Nicky Butler	L 45	Keswick AAC	54:52	286	Neil Garner		Unattached	1:02:21
212	Peter Cape	V40 38	Unattached	54:52	287	Deborah Story	L 84	Unattached	1:02:28
213	Kerry Davies	L35 12	Unattached	54:55	288	Jason Irwin		Unattached	1:02:28
214	Ishbel Nixon	L55 3	Unattached	55:02	289	Paul Maddock	V40 45	Unattached	1:02:31
215	Margaret Gray	L45 4	Unattached	55:02	290	Jane Lenza	L45 11	Border Harriers	1:02:49
216	Susan Callander	L50 2	Dumfries Running Club	55:04	291	Jill Lupton	L 86	Unattached	1:02:50
217	Darren Dixon		Unattached	55:06	292	Nicola Thompson	L 87	Unattached	1:02:51
218	Marian Page	L50 3	Unattached	55:10	293	Nicola Morrison	L 88	Unattached	1:03:03
219	Geoffrey Wilson	V55 10	Spectrum Striders	55:12	294	Susan Nixon	L 89	Unattached	1:03:15
220	Adam Penketh	V40 39	Unattached	55:18	295	Marie Morrison	L35 19	Unattached	1:03:22
221	Elizabeth Duggan	L55 4	Errington Joggers	55:20	296	James Waters	V65 4	100 Marathon Club	1:03:23
222	Judith Wilson	L45 5	Ellenborough A. C.	55:27	297	Stephen Baughy	JM 5	Unattached	1:03:43
223	Sally Bennett	L45 6	Wigton Road Runners	55:33	298	Barry Little		Unattached	1:04:01
224	Murad Quandour		Unattached	55:36	299	Susan Graham	L45 12	Dumfries Border Harriers	1:04:44
225	Tim Baugh	V40 40	Unattached	55:46	300	Dean Kirkpatrick		Unattached	1:04:45
226	Yvonne McKenzie	L45 7	Unattached	55:47	301	Bo Haig	L35 20	Unattached	1:04:45
227	Steven Irving	V50 18	Unattached	55:52	302	Ian Sawyer		Unattached	1:04:56
228	Jackie Telford	L40 6	Unattached	55:53	303	Dave Smith		Unattached	1:05:48
229	Louise Pledge	L35 13	Unattached	55:57	304	Virginia Willan	L35 21	Unattached	1:06:18
230	Sharon Cowman	L 57	Unattached	56:10	305	George Routledge	V60 8	Heaton Harriers & Ac	1:06:49
231	Mandy Baron	L 58	Wigton Road Runners	56:12	306	Lynn Tubman	L 94	Unattached	1:06:59
232	Andrew Sefton		Unattached	56:12	307	Susan O'Neill	L 95	Unattached	1:06:59
233	Anthony Nicholson	V40 41	Unattached	56:15	308	Jo Hutchinson	L55 6	Unattached	1:07:36
234	Martin Kettle	V50 19	Bellahouston RR	56:17	309	Alison Webb	L45 13	Unattached	1:07:36
235	Stuart Lightfoot		Unattached	56:18	310	Kate Judge	L35 22	Unattached	1:09:15
236	Beverley Wakefield	L 59	Unattached	56:30	311	Maria Burton	L50 6	Unattached	1:09:15
237	Steven Archibald		Unattached	56:48	312	Shona Payne	L45 14	Unattached	1:09:24
238	Geoff Harrington	V60 4	Cumberland AC	56:52	313	Shelley Bainbridge	L45 15	Unattached	1:09:45
239	Philip Harden		Unattached	56:59	314	Karen Mitchell	L40 15	Unattached	1:10:42
240	Bryan Bolton		Unattached	57:08	315	Susan Jennings	L50 7	Unattached	1:11:06
241	Richard Jack		Unattached	57:15	316	Ling Tze Tan		Unattached	1:17:01
242	Ursula Leonard	L45 8	Unattached	57:34	317	Emma Beattie	L35 23	Unattached	1:18:26
243	Andrea Fox	L35 14	Unattached	57:34	318	Claire Ascroft	L 105	Unattached	1:18:26