

Results for Border Harriers & Athletic Club Open Meeting on Sat 10th August 2013.

Senior Men - 100m

Position	No.	Forename	Surname	Club	Time
1	234	Andrew	BLACK	Stewartry	13.0
2	176	Paul	VAN ITERSON	Carlisle A	13.1
3	129	Peter	CAMPBELL	Border H	14.2

Senior Women - 100m

Position	No.	Forename	Surname	Club	Time
1	160	Kimberley	HAWKINS	Seaton AC	13.2
2	159	Shelby	HAWKINS	Seaton AC	13.4
3	151	Angela	KELLY	Giffnock North AC	15.1

Senior Men - 200m

Position	No.	Forename	Surname	Club	Time
1	176	Paul	VAN ITERSON	Carlisle A	26.8

Senior Men - 400m

Position	No.	Forename	Surname	Club	Time
1	220	Christopher	WILLIAMS	Seaton AC	54.7
2	227	Tommy	CROMBIE	Nithsdale AC	55.9
3	259	Luke	GAY	Border H	58.3

Senior Women - 400m

Position	No.	Forename	Surname	Club	Time
1	160	Kimberley	HAWKINS	Seaton AC	62.7

Senior Men - 800m

Position	No.	Forename	Surname	Club	Time
1	251	Douglas	TICKNER	Derwent AC	2.15.4
2	113	David	PRIESTLEY	Manchester H	2.28.9

Senior Men - 1500m

Position	No.	Forename	Surname	Club	Time
1	251	Douglas	TICKNER	Derwent AC	4.30.3
2	268	Liam	MEDLEY	Border H	4.44.5
3	129	Peter	CAMPBELL	Border H	6.04.5

Senior Women - 100m Hurdles

Position	No.	Forename	Surname	Club	Time
1	240	Rachel	KING	Ellenborough	27.1

Senior Men - 400m Hurdles

Position	No.	Forename	Surname	Club	Time
1	220	Christopher	WILLIAMS	Seaton AC	64.5
2	259	Luke	GAY	Border H	64.8

Senior Women - 400m Hurdles

Position	No.	Forename	Surname	Club	Time
1	237	Sophie	COGHILL	VP Glasgow	70.3

Senior Men - High Jump

Position	No.	Forename	Surname	Club	Height
1	220	Christopher	WILLIAMS	Seaton AC	1.70

Senior Women - High Jump

Position	No.	Forename	Surname	Club	Height
1	236	Kirsty	NORWOOD	Seaton AC	1.50

Senior Men - Long Jump

Position	No.	Forename	Surname	Club	Distance
1	128	Paul	JAMES	Unatt	5.57
2	176	Paul	VAN ITERSON	Carlisle A	4.58
3	129	Peter	CAMPBELL	Border H	3.42

Senior Women - Long Jump

Position	No.	Forename	Surname	Club	Distance
1	159	Shelby	HAWKINS	Seaton AC	5.07
2	244	Lisa	SCREEN	Kendal AAC	3.60

Senior Women - Javelin Throw

Position	No.	Forename	Surname	Club	Distance
1	222	Devota	NYAKYOMA	Border H	38.18
2	219	Ceri	STORER	Copeland AC	18.00

Senior Men - Discus Throw

Position	No.	Forename	Surname	Club	Distance
1	266	Mark	QUIGLEY	Unatt	41.51
2	220	Christopher	WILLIAMS	Seaton AC	28.36
3	129	Peter	CAMPBELL	Border H	19.23

Senior Women - Discus Throw

Position	No.	Forename	Surname	Club	Distance
1	141	Rachel	PUGH	Kilbarchan AAC	26.95
2	148	Anna	NICHOLSON	Lancaster & M	17.89
3	142	Patricia	PHILIPS	West Dumbarton	15.78
4	240	Rachel	KING	Ellenborough	13.83

Senior Men - Shot Putt

Position	No.	Forename	Surname	Club	Distance
1	266	Mark	QUIGLEY	Unatt	12.81
2	129	Peter	CAMPBELL	Border H	7.80

Senior Women - Shot Putt

Position	No.	Forename	Surname	Club	Distance
1	141	Rachel	PUGH	Kilbarchan AAC	8.54
2	160	Kimberley	HAWKINS	Seaton AC	7.78
3	219	Ceri	STORER	Copeland AC	7.53
4	142	Patricia	PHILIPS	West Dumbarton	6.00
5	148	Anna	NICHOLSON	Lancaster & M	5.60

Senior Women - Hammer Throw

Position	No.	Forename	Surname	Club	Distance
1	141	Rachel	PUGH	Kilbarchan AAC	27.67
2	159	Shelby	HAWKINS	Seaton AC	17.4
3	142	Patricia	PHILIPS	West Dumbarton	13.98

U17 Men - 100m

Position	No.	Forename	Surname	Club	Time
1	123	Elliott	BAINES	Seaton AC	11.2
2	104	Liam	ANDREW	Seaton AC	12.4
3	199	Oliver	WAGNER	ADAC	12.5
4	216	Kieran	McGLENNON	Copeland AC	12.8
5	187	Cameron	MARTIN	ADAC	14.0

U17 Women - 100m

Position	No.	Forename	Surname	Club	Time
1	214	Amy	GASKELL	Copeland AC	13.6
2	164	Harriet	WIGGINTON	Seaton AC	13.9
3	146	Tirion	PARKMAN	Kendal AAC	14.0
4	229	Rona	McCANN	Kendal AAC	14.9

U17 Men - 200m

Position	No.	Forename	Surname	Club	Time
1	123	Elliott	BAINES	Seaton AC	22.9
2	199	Oliver	WAGNER	ADAC	24.9
3	104	Liam	ANDREW	Seaton AC	27.5
4	130	Ciaran	CAMPBELL	Border H	29.6

U17 Women - 200m

Position	No.	Forename	Surname	Club	Time
1	231	Tania	WILSON	Seaton AC	27.7
2	146	Tirion	PARKMAN	Kendal AAC	29.8

U17 Men - 400m

Position	No.	Forename	Surname	Club	Time
1	150	Nathan	MERCHANT	VP Glasgow	56.7
2	104	Liam	ANDREW	Seaton AC	57.0

U17 Women - 800m

Position	No.	Forename	Surname	Club	Time
1	161	Erin	PROCTOR	Kendal AAC	2.37.8

U17 Men - 800m

Position	No.	Forename	Surname	Club	Time
1	130	Ciaran	CAMPBELL	Border H	2.19.1
2	218	Brad	STALKER	Copeland AC	2.19.8

U17 Men - 1500m

Position	No.	Forename	Surname	Club	Time
1	130	Ciaran	CAMPBELL	Border H	4.37.5

U17 Men - 100m Hurdles

Position	No.	Forename	Surname	Club	Time
1	123	Elliott	BAINES	Seaton AC	14.4

U17 Women - 80m Hurdles

Position	No.	Forename	Surname	Club	Time
1	164	Harriet	WIGGINTON	Seaton AC	13.2

U17 Men - 400m Hurdles

Position	No.	Forename	Surname	Club	Time
1	150	Nathan	MERCHANT	VP Glasgow	65.7

U17 Men - High Jump

Position	No.	Forename	Surname	Club	Height
1	245	Ben	ABBOTT	Kendal AAC	1.60
2	216	Kieran	McGLENNON	Copeland AC	1.50

U17 Men - Long Jump

Position	No.	Forename	Surname	Club	Distance
1	245	Ben	ABBOTT	Kendal AAC	6.14
2	187	Cameron	MARTIN	ADAC	4.09

U17 Men - Javelin Throw

Position	No.	Forename	Surname	Club	Distance
1	242	Tom	NORTON	Kendal AAC	41.64
2	250	Ruairidh	BRYCE	VP Glasgow	33.06
3	218	Brad	STALKER	Copeland AC	26.58
4	217	Blain	MOORE	Copeland AC	20.09
5	246	Connor	ANDERSON	Copeland AC	16.65

U17 Men - Discus Throw

Position	No.	Forename	Surname	Club	Distance
1	250	Ruairidh	BRYCE	VP Glasgow	32.67
2	242	Tom	NORTON	Kendal AAC	29.18
3	246	Connor	ANDERSON	Copeland AC	19.94
4	217	Blain	MOORE	Copeland AC	15.51

U17 Men - Shot Putt

Position	No.	Forename	Surname	Club	Distance
1	242	Tom	NORTON	Kendal AAC	10.18
2	245	Ben	ABBOTT	Kendal AAC	9.42
3	187	Cameron	MARTIN	ADAC	6.57

U15 Boys - 100m

Position	No.	Forename	Surname	Club	Time
1	261	Benjamin	LYALL-SMITH	Seaton AC	11.5
2	124	Liam	WOODMAN	ADAC	12.0
3	116	Connor	OLLIS	Seaton AC	12.1
4	165	Ross	CRISP-KNIGHT	Carlisle A	13.2
5	260	Nathan	McSTAY	Border H	13.5
6	257	Connor	FAULDER	Seaton AC	14.3

U17 Women - 300m Hurdles

Position	No.	Forename	Surname	Club	Time
1	164	Harriet	WIGGINTON	Seaton AC	52.4

U17 Women - High Jump

Position	No.	Forename	Surname	Club	Height
1	243	Rachael	HARRISON	Seaton AC	1.35
1=	231	Tania	WILSON	Seaton AC	1.35

U17 Women - Long Jump

Position	No.	Forename	Surname	Club	Distance
1	243	Rachael	HARRISON	Seaton AC	4.01
2	229	Rona	McCANN	Kendal AAC	3.97
3	146	Tirion	PARKMAN	Kendal AAC	3.79

U17 Women - Javelin Throw

Position	No.	Forename	Surname	Club	Distance
1	135	Lauren	SELLARS	Border H	24.15
2	186	Alison	PRINGLE	ADAC	19.24

U17 Women - Discus Throw

Position	No.	Forename	Surname	Club	Time
1	136	Jade	MILLER	Carlisle A	27.06
2	186	Alison	PRINGLE	ADAC	22.88

U17 Women - Shot Putt

Position	No.	Forename	Surname	Club	Distance
1	231	Tania	WILSON	Seaton AC	8.17
2	186	Alison	PRINGLE	ADAC	7.36

U17 Women - Hammer Throw

Position	No.	Forename	Surname	Club	Distance
1	136	Jade	MILLER	Carlisle A	35.32
2	149	Katie	NICHOLSON	Unatt	27.6

U15 Girls - 100m

Position	No.	Forename	Surname	Club	Time
1	126	Katie	WOOF	Kendal AAC	13.6
2	145	Seren	PARKMAN	Kendal AAC	14.2
3	144	Imogen	CLARK	Border H	14.8

U15 Boys - 200m

Position	No.	Forename	Surname	Club	Time
1	261	Benjamin	LYALL-SMITH	Seaton AC	23.4
2	124	Liam	WOODMAN	ADAC	24.2
3	116	Connor	OLLIS	Seaton AC	24.7
4	211	Reece	STALKER	Copeland AC	26.7
5	256	Kieran	REYNOLDS	Border H	28.4
6	257	Connor	FAULDER	Seaton AC	28.6
7	253	Jordan	NELSON	Kendal AAC	29.0
8	167	Lewis	BELL	ADAC	29.9

U15 Girls - 200m

Position	No.	Forename	Surname	Club	Time
1	126	Katie	WOOF	Kendal AAC	28.3
2	145	Seren	PARKMAN	Kendal AAC	28.9
3	144	Imogen	CLARK	Border H	30.9

U15 Boys - 400m

Position	No.	Forename	Surname	Club	Time
1	211	Reece	STALKER	Copeland AC	63.5
2	167	Lewis	BELL	ADAC	69.5

U15 Boys - 800m

Position	No.	Forename	Surname	Club	Time
1	260	Nathan	McSTAY	Border H	2.21.1

U15 Girls - 800m

Position	No.	Forename	Surname	Club	Time
1	212	Charlotte	STAMPER	Copeland AC	2.43.0
2	264	Emma	LITTLE	Border H	2.52.8

U15 Boys - 1500m

Position	No.	Forename	Surname	Club	Time
1	175	Elliott	MATIER	Carlisle A	4.45.4
2	213	Ewan	WYND	Copeland AC	5.48.4

U15 Girls - 1500m

Position	No.	Forename	Surname	Club	Time
1	263	Camilla	McKNESPIEY	Carlisle A	5.02.2

U15 Boys - 80m Hurdles

Position	No.	Forename	Surname	Club	Time
1	122	Gregory	BAINES	Seaton AC	14.4

U15 Girls - 75m Hurdles

Position	No.	Forename	Surname	Club	Time
1	221	Ella	TELFORD	Border H	12.9
2	230	Louise	RAVENSCROFT	Nithsdale AC	13.6
3	137	Holly	ADAMS	Ellenborough	14.2
4	180	Emily	BUTCHER	Nithsdale AC	14.9

U15 Boys - High Jump

Position	No.	Forename	Surname	Club	Height
1	124	Liam	WOODMAN	ADAC	1.5
2	165	Ross	CRISP-KNIGHT	Carlisle A	1.4

U15 Girls - High Jump

Position	No.	Forename	Surname	Club	Height
1	230	Louise	RAVENSCROFT	Nithsdale AC	1.35
2	184	Catrina	PRINGLE	ADAC	1.35

U15 Boys - Long Jump

Position	No.	Forename	Surname	Club	Distance
1	260	Nathan	McSTAY	Border H	4.91
2	253	Jordan	NELSON	Kendal AAC	4.57
3	257	Connor	FAULDER	Seaton AC	4.16
4	167	Lewis	BELL	ADAC	4.00

U15 Girls - Long Jump

Position	No.	Forename	Surname	Club	Distance
1	126	Katie	WOOF	Kendal AAC	4.79
2	230	Louise	RAVENSCROFT	Nithsdale AC	4.37
3	180	Emily	BUTCHER	Nithsdale AC	3.97
4	144	Imogen	CLARK	Border H	3.64

U15 Boys - Javelin Throw

Position	No.	Forename	Surname	Club	Distance
1	122	Gregory	BAINES	Seaton AC	22.15
2	211	Reece	STALKER	Copeland AC	22.10

U15 Girls - Javelin Throw

Position	No.	Forename	Surname	Club	Distance
1	221	Ella	TELFORD	Border H	24.60
2	180	Emily	BUTCHER	Nithsdale AC	NT

U15 Boys - Discus Throw

Position	No.	Forename	Surname	Club	Distance
1	131	Aaron	CAMPBELL	Border H	9.80

U15 Girls - Discus Throw

Position	No.	Forename	Surname	Club	Distance
1	184	Catrina	PRINGLE	ADAC	27.28

U15 Boys - Shot Putt

Position	No.	Forename	Surname	Club	Distance
1	165	Ross	CRISP-KNIGHT	Carlisle A	8.70
2	122	Gregory	BAINES	Seaton AC	8.11
3	131	Aaron	CAMPBELL	Border H	4.21

U15 Girls - Shot Putt

Position	No.	Forename	Surname	Club	Distance
1	221	Ella	TELFORD	Border H	9.07
2	184	Catrina	PRINGLE	ADAC	8.46
3	137	Holly	ADAMS	Ellenborough	7.43
4	233	Libby	TELFORD	Border H	6.69
5	145	Seren	PARKMAN	Kendal AAC	5.51

U15 Boys - Hammer Throw

Position	No.	Forename	Surname	Club	Distance
1	102	Lewis	LISTER	Border H	44.83
2	127	Matthew	JAMES	Border H	40.27
3	131	Aaron	CAMPBELL	Border H	8.44

U15 Girls - Hammer Throw

Position	No.	Forename	Surname	Club	Distance
1	233	Libby	TELFORD	Border H	23.77

U13 Boys - 100m

Position	No.	Forename	Surname	Club	Time
1	207	Louie	DORAN	Copeland AC	14.4
2	188	Aaron	CARMICHAEL	ADAC	14.6
3	172	Matt	PAXTON	Unatt	14.6
4	271	Adam	TIRVENGADUM	Kendal AAC	15.0
5	210	Owen	WYND	Copeland AC	15.5
6	139	Lewis	ATKINSON	Seaton AC	15.7
7	228	Thomas	MAUGHAN	Border H	16.3

U13 Girls - 100m

Position	No.	Forename	Surname	Club	Time
1	238	Becky	SEEDS	Seaton AC	14.0
2	107	Caitlin	WHITE	Seaton AC	14.8
3	108	Lauren	PARR	Seaton AC	14.9
4	163	Kortney	QUAYLE	Seaton AC	15.2
5	179	Lorna	MACKENZIE	Unatt	15.3
6	111	Caitlin	THOMPSON	Seaton AC	15.6
7	258	Chloe	CATTANACH	Seaton AC	16.4

U13 Boys - 200m

Position	No.	Forename	Surname	Club	Time
1	207	Louie	DORAN	Copeland AC	29.4
2	140	Liam	DELANEY	Unatt	30.0
3	188	Aaron	CARMICHAEL	ADAC	30.5
4	172	Matt	PAXTON	Unatt	30.9
5	271	Adam	TIRVENGADUM	Kendal AAC	32.3

U13 Girls - 200m

Position	No.	Forename	Surname	Club	Time
1	238	Becky	SEEDS	Seaton AC	28.8
2	108	Lauren	PARR	Seaton AC	32.1
3	111	Caitlin	THOMPSON	Seaton AC	32.9
4	258	Chloe	CATTANACH	Seaton AC	34.3

U13 Boys - 800m

Position	No.	Forename	Surname	Club	Time
1	252	Thomas	HICKEY	Unatt	2.40.6
2	121	Paul	KITZINGER	ADAC	2.41.0
3	209	Jake	MUNCASTER	Copeland AC	2.52.8

U13 Girls - 800m

Position	No.	Forename	Surname	Club	Time
1	174	Charlotte	HETHERINGTON	Border H	3.23.8

U13 Boys - 1500m

Position	No.	Forename	Surname	Club	Time
1	239	Brad	KING	Ellenborough	6.14.0

U13 Boys - 75m Hurdles

Position	No.	Forename	Surname	Club	Time
1	114	Benjamin	FAWKES	Unatt	13.7

U13 Girls - 70m Hurdles

Position	No.	Forename	Surname	Club	Time
1	156	Rachel	GALLAGHER	Seaton AC	17.2
2	174	Charlotte	HETHERINGTON	Border H	17.2

U13 Boys - High Jump

Position	No.	Forename	Surname	Club	Height
1	235	Jay	YOUNG	Ellenborough	1.30
2	194	Callum	DAVIDSON	ADAC	1.15

U13 Girls - High Jump

Position	No.	Forename	Surname	Club	Height
1	156	Rachel	GALLAGHER	Seaton AC	1.10

U13 Boys - Long Jump

Position	No.	Forename	Surname	Club	Distance
1	172	Matt	PAXTON	Unatt	4.23
2	210	Owen	WYND	Copeland AC	4.15
3	271	Adam	TIRVENGADUM	Kendal AAC	4.04
4	188	Aaron	CARMICHAEL	ADAC	3.74
5	228	Thomas	MAUGHAN	Border H	3.59
6	139	Lewis	ATKINSON	Seaton AC	3.49

U13 Girls - Long Jump

Position	No.	Forename	Surname	Club	Distance
1	238	Becky	SEEDS	Seaton AC	4.32
2	108	Lauren	PARR	Seaton AC	3.63
3	174	Charlotte	HETHERINGTON	Border H	3.59
4	258	Chloe	CATTANACH	Seaton AC	3.26
5	191	Nadip	ATWAL	ADAC	2.74
6	107	Caitlin	WHITE	Seaton AC	NJ

U13 Boys - Javelin Throw

Position	No.	Forename	Surname	Club	Distance
1	235	Jay	YOUNG	Ellenborough	22.48
2	138	Thomas	ADAMS	Ellenborough	20.64
3	121	Paul	KITZINGER	ADAC	20.14
4	139	Lewis	ATKINSON	Seaton AC	17.24
5	241	Charlie	NORTON	Kendal AAC	16.59
6	200	Euan	WAUGH	ADAC	16.49
7	152	Bradley	MAGEN	Seaton AC	16.34
8	208	Lewis	McINTYRE	Copeland AC	15.72
9	197	Euan	MURRAY	ADAC	14.60

U13 Girls - Javelin Throw

Position	No.	Forename	Surname	Club	Distance
1	156	Rachel	GALLAGHER	Seaton AC	20.85
2	111	Caitlin	THOMPSON	Seaton AC	20.65

U13 Boys - Discus Throw

Position	No.	Forename	Surname	Club	Distance
1	200	Euan	WAUGH	ADAC	20.72
2	138	Thomas	ADAMS	Ellenborough	18.47
3	121	Paul	KITZINGER	ADAC	17.19
4	241	Charlie	NORTON	Kendal AAC	14.71
5	197	Euan	MURRAY	ADAC	13.31
6	152	Bradley	MAGEN	Seaton AC	12.30
7	208	Lewis	McINTYRE	Copeland AC	11.90
8	194	Callum	DAVIDSON	ADAC	11.45
9	239	Brad	KING	Ellenborough	9.84

U13 Girls - Discus Throw

Position	No.	Forename	Surname	Club	Distance
1	171	Kirsten	MILLER	Carlisle A	15.08

U13 Boys - Shot Putt

Position	No.	Forename	Surname	Club	Distance
1	138	Thomas	ADAMS	Ellenborough	7.45
2	207	Louie	DORAN	Copeland AC	6.55
3	200	Euan	WAUGH	ADAC	6.30

U13 Girls - Shot Putt

Position	No.	Forename	Surname	Club	Distance
1	179	Lorna	MACKENZIE	Unatt	7.52
2	171	Kirsten	MILLER	Carlisle A	7.44
3	107	Caitlin	WHITE	Seaton AC	5.49

U11 Boys - 80m

Position	No.	Forename	Surname	Club	Time
1	201	Finlay	WAUGH	ADAC	11.8
2	103	Thomas	RUSSELL	Kendal AAC	11.9
3	196	Danny	GRACIE	ADAC	12.2
4	173	James	HETHERINGTON	Border H	12.7
5	267	Louie	JOHNSON	Eden Runners	12.9
6	155	Ben	JOLLY	Seaton AC	13.3
7	248	Tom	KNOWLES	Border H	13.3
8	269	Sol	JOHL	Border H	13.5
9	205	Luke	HOLLIDAY	Copeland AC	13.5
10	198	Rory	MURRAY	ADAC	13.6
11	118	Josh	RILEY	Seaton AC	13.6
12	192	Pardip	ATWAL	ADAC	13.8
13	185	Coll	IRVING	ADAC	14.1
14	204	Max	DORAN	Copeland AC	14.1
15	226	Lewis	CROMBIE	Nithsdale AC	14.2

U11 Girls - 80m

Position	No.	Forename	Surname	Club	Time
1	255	Scout	TURNER-RICHARD	Carlisle A	12.7
2	195	Hannah	GARRETT	ADAC	12.8
3	134	Mary	CAMPBELL	Border H	12.9
4	262	Skyler	BOWES	Seaton AC	12.9
5	193	Holly	CASELL	ADAC	13.0
6	101	Kayleigh	WATSON	Seaton AC	13.1
7	109	Bethan	PARR	Seaton AC	13.5
8	270	Leah	RODGERS	Seaton AC	13.5
9	168	Molly	BELL	ADAC	13.6
10	249	Elisse	REILLY	Border H	13.7
11	112	Sharron	THOMPSON	Seaton AC	13.9
12	166	Emily	GIBSON	Kendal AAC	14.1
13	254	Alisha	BURTON	Seaton AC	14.4

U11 Boys - 150m

Position	No.	Forename	Surname	Club	Time
1	201	Finlay	WAUGH	ADAC	22.0
2	147	Jacob	SMITH	Kendal AAC	24.0
3	269	Sol	JOHL	Border H	24.3
4	192	Pardip	ATWAL	ADAC	25.3
5	105	Ewan	CAMPBELL	Seaton AC	25.6
6	225	Keenan	MUSGRAVE	Ellenborough	26.0

U11 Girls - 150m

Position	No.	Forename	Surname	Club	Time
1	255	Scout	TURNER-RICHARD	Carlisle A	23.6
2	193	Holly	CASELL	ADAC	24.5
3	101	Kayleigh	WATSON	Seaton AC	24.5
4	189	Kasey	SMITH	ADAC	24.8
5	109	Bethan	PARR	Seaton AC	26.1
6	254	Alisha	BURTON	Seaton AC	27.1
7	166	Emily	GIBSON	Kendal AAC	27.6
8	206	Ruby	MUNCASTER	Copeland AC	29.0

U11 Boys - 600m

Position	No.	Forename	Surname	Club	Time
1	267	Louie	JOHNSON	Eden Runners	1.50.0
2	173	James	HETHERINGTON	Border H	2.03.3
3	198	Rory	MURRAY	ADAC	2.03.8
4	105	Ewan	CAMPBELL	Seaton AC	2.06.2
5	225	Keenan	MUSGRAVE	Ellenborough	2.14.9
6	192	Pardip	ATWAL	ADAC	2.17.4

U11 Girls - 600m

Position	No.	Forename	Surname	Club	Time
1	262	Skyler	BOWES	Seaton AC	2.02.9
2	134	Mary	CAMPBELL	Border H	2.05.1
3	249	Elisse	REILLY	Border H	2.09.9
4	181	Amelia	METCALF	Ellenborough	2.18.5
5	133	Niamh	CAMPBELL	Border H	2.36.2

U11 Boys - Long Jump

Position	No.	Forename	Surname	Club	Distance
1	201	Finlay	WAUGH	ADAC	4.05
2	103	Thomas	RUSSELL	Kendal AAC	3.62
3	196	Danny	GRACIE	ADAC	3.61
4	173	James	HETHERINGTON	Border H	3.60
5	267	Louie	JOHNSON	Eden Runners	3.57
6	118	Josh	RILEY	Seaton AC	3.40
7	198	Rory	MURRAY	ADAC	3.26
8	226	Lewis	CROMBIE	Nithsdale AC	3.17
9	155	Ben	JOLLY	Seaton AC	3.11
10	204	Max	DORAN	Copeland AC	3.08
11	185	Coll	IRVING	ADAC	3.00
12=	205	Luke	HOLLIDAY	Copeland AC	2.74
12=	265	Roman	QUIGLEY	Unatt	2.74
14	248	Tom	KNOWLES	Border H	1.90

U11 Girls - Long Jump

Position	No.	Forename	Surname	Club	Distance
1	262	Skyler	BOWES	Seaton AC	3.54
2	255	Scout	TURNER-RICHARD	Carlisle A	3.42
3	193	Holly	CASELL	ADAC	3.40
4	101	Kayleigh	WATSON	Seaton AC	3.22
5	134	Mary	CAMPBELL	Border H	3.18
6	195	Hannah	GARRETT	ADAC	3.14
7	109	Bethan	PARR	Seaton AC	3.14
8	189	Kasey	SMITH	ADAC	3.00
9	181	Amelia	METCALF	Ellenborough	2.92
10	112	Sharron	THOMPSON	Seaton AC	2.83
11	206	Ruby	MUNCASTER	Copeland AC	2.70
12	166	Emily	GIBSON	Kendal AAC	2.65
13	249	Elisse	REILLY	Border H	2.50
14	254	Alisha	BURTON	Seaton AC	2.45

U11 Boys - Cricket Ball

Position	No.	Forename	Surname	Club	Distance
1	196	Danny	GRACIE	ADAC	32.96
2	147	Jacob	SMITH	Kendal AAC	32.02
3	118	Josh	RILEY	Seaton AC	31.36
4	105	Ewan	CAMPBELL	Seaton AC	28.29
5	247	Ben	SMITH	Kendal AAC	24.10
6	265	Roman	QUIGLEY	Unatt	24.00
7	185	Coll	IRVING	ADAC	19.95

U11 Girls - Cricket Ball

Position	No.	Forename	Surname	Club	Distance
1	109	Bethan	PARR	Seaton AC	25.15
2	195	Hannah	GARRETT	ADAC	19.08
3	101	Kayleigh	WATSON	Seaton AC	19.06
4	189	Kasey	SMITH	ADAC	17.84
5	112	Sharron	THOMPSON	Seaton AC	17.13
6	168	Molly	BELL	ADAC	16.91
7	206	Ruby	MUNCASTER	Copeland AC	11.44

U9 Boys - 60m

Position	No.	Forename	Surname	Club	Time
1	203	Oscar	DORAN	Copeland AC	9.8
2	169	Jake	HAYHURST	Eden Runners	10.4
3	232	Thomas	DOWNES	Seaton AC	10.4
4	202	Alex	WAUGH	ADAC	10.8
5	115	Evan	CASSON	Seaton AC	10.9
6	182	Oliver	METCALF	Unatt	11.5
7	143	Robert	PUGH	Kilbarchan AAC	12.4

U9 Girls - 60m

Position	No.	Forename	Surname	Club	Time
1	158	Rosie	LAWLER	Ellenborough	10.0
2	154	Bethan	JOLLY	Seaton AC	10.3
3	106	Ellie	CHARLESWORTH	Seaton AC	10.3
4	117	Megan	CRELLING	Seaton AC	10.9
5	162	Katey	QUAYLE	Seaton AC	11.1
6	157	Hattie	LORY	Seaton AC	11.2
7	133	Niamh	CAMPBELL	Border H	11.4
8	119	Courtney-Nick	RILEY	Seaton AC	11.8
9	183	Maya	PRINGLE	Unatt	11.8
10	190	Derry	SMITH	ADAC	12.1
11	120	Lilly	KITZINGER	ADAC	12.3

U9 Boys - Standing Long Jump

Position	No.	Forename	Surname	Club	Distance
1	169	Jake	HAYHURST	Eden Runners	1.73
2	203	Oscar	DORAN	Copeland AC	1.71
3	182	Oliver	METCALF	Unatt	1.65
4	232	Thomas	DOWNES	Seaton AC	1.61
5	115	Evan	CASSON	Seaton AC	1.58
6	202	Alex	WAUGH	ADAC	1.38
7	143	Robert	PUGH	Kilbarchan AAC	1.21
8	132	James	CAMPBELL	Border H	1.20

U9 Girls - Standing Long Jump

Position	No.	Forename	Surname	Club	Distance
1	158	Rosie	LAWLER	Ellenborough	1.83
2	157	Hattie	LORY	Seaton AC	1.61
3	183	Maya	PRINGLE	Unatt	1.60
4	117	Megan	CRELLING	Seaton AC	1.50
5	162	Katey	QUAYLE	Seaton AC	1.47
6	154	Bethan	JOLLY	Seaton AC	1.45
7	119	Courtney-Nir	RILEY	Seaton AC	1.39
8	106	Ellie	CHARLESWORTH	Seaton AC	1.39
9	120	Lilly	KITZINGER	ADAC	1.35
10	133	Niamh	CAMPBELL	Border H	1.34
11	190	Derry	SMITH	ADAC	1.04

U9 Girls T37 - Standing Long Jump

Position	No.	Forename	Surname	Club	Distance
1	153	Caitlin	MAGEN (T37)	Seaton AC	1.06

U9 Boys - Cricket Ball

Position	No.	Forename	Surname	Club	Distance
1	203	Oscar	DORAN	Copeland AC	22.00
2	202	Alex	WAUGH	ADAC	21.54
3	232	Thomas	DOWNES	Seaton AC	20.80
4	169	Jake	HAYHURST	Eden Runners	19.21
5	143	Robert	PUGH	Kilbarchan AAC	17.92
6	115	Evan	CASSON	Seaton AC	13.20
7	132	James	CAMPBELL	Border H	12.06

U9 Girls - Cricket Ball

Position	No.	Forename	Surname	Club	Distance
1	158	Rosie	LAWLER	Ellenborough	19.92
2	183	Maya	PRINGLE	Unatt	17.84
3	106	Ellie	CHARLESWORTH	Seaton AC	16.40
4	154	Bethan	JOLLY	Seaton AC	15.43
5	157	Hattie	LORY	Seaton AC	14.40
6	119	Courtney-Nir	RILEY	Seaton AC	14.18
7	120	Lilly	KITZINGER	ADAC	12.33
8	162	Katey	QUAYLE	Seaton AC	11.54
9	117	Megan	CRELLING	Seaton AC	10.93
10	190	Derry	SMITH	ADAC	7.39

U9 Girls T37 - Cricket Ball

Position	No.	Forename	Surname	Club	Distance
1	153	Caitlin	MAGEN (T37)	Seaton AC	13.27